

Business Established in 1868

HOMŒOPATHIC MANUAL AND BIO - CHEMIC GUIDE TO HEALTH

A Home Adviser

COMPILED BY

D. L. THOMPSON

Chemist and Homœopathic Pharmacist
No. 394 Yonge St., Toronto

THE EIGHTH EDITION

TORONTO

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Pure Homœopathic Medicine

D. L. THOMPSON

**CHEMIST AND
HOMŒOPATHIC PHARMACIST**

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THE
HOMŒOPATHIC
POCKET MANUAL

CONTAINING
PLAIN DIRECTIONS
FOR THE TREATMENT OF THE MOST COMMON
COMPLAINTS IN CHILDREN AND ADULTS,
SHOWING THE USE OF THE MOST
POPULAR HOMŒOPATHIC
REMEDIES.

To which is added sections on Specific
Homœopathy, and the Bio-chemic Treatment of
Disease with the Twelve Tissue Remedies.

“Quoth Hudibras : It is no part
Of prudence to cry down art,
And what it can perform deny
Because you understand not why.”

HUDIBRAS.

TORONTO :

D. L. THOMPSON,

Chemist and Homœopathic Pharmacist,
394 YONGE STREET.

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The Twelve Tissue Remedies.

The above are valuable remedies, and command ready sales. Their virtues in diseases constantly increase the demand for them.

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D. L. THOMPSON.

Saponaceous Dentine—Makes the Teeth Pearly White.

INTRODUCTION.

THE time has come when people wish to know for themselves the causes of their diseases and the appropriate remedies. In many cases many are ailing and not sufficiently ill to call in a Physician—it is here where Homœopathy steps in with its simple remedies.

It is the aim of this little manual to provide the means whereby everyone can treat himself. The diseases and remedies are so plainly given that any one can follow them, and this alone makes the book invaluable. The public in general have very vague ideas of the principles which constitute the practice of Homœopathy. They only require thoughtful study to be known and accepted. The treatment of Homœopathy is founded on a fixed and universal law, the law of Similars, as usually expressed “Similiar, Similibus, Curantur,” or “likes by likes are cured.” And the same laws or principles pervade the whole organism of the human body, therefore the law of Similars should

be the only mode of treatment in disease. Homœopathy is fast becoming more general and gaining the people's confidence, and is now likewise affecting every thoughtful, intelligent and unprejudiced mind, and will continue to do, as its simple mode of treatment becomes more known.

We hope that many who have never used Homœopathic remedies will be induced to give them a trial. If they should, we will say that in nine cases out of ten they will generally be successful. We would advise all who are in any way afflicted to give Homœopathy a fair trial, and be convinced of its superior merits over the old drugging treatment. That is a truth which says, "It is the mild power that subdues," and we would do well to remember this.

D. L. T.



CONDENSED PRICE LIST

— OF —

Homœopathic Remedies

AND

HOW TO ORDER.

Two drams	10 cents
Half ounce	15 cents
One ounce	25 cents

Larger quantities at special rates.

When ordering remedies state whether TINCTURES, GLOBULES or TRITURATIONS are REQUIRED, also the strength or attenuation wanted.

Also state whether to forward by mail or express. Medicines sent by mail will be charged with postage, except such articles as are advertised post paid. Mailing charges amount to about 5 cents per ounce of medicine. All goods sent by mail are sent at the risk of the purchaser. Remittances may be made by postal money order, postal note, express money order, registered letter, or checks payable at par in Toronto. Very small amounts in stamps.

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These are just a few of the cases kept in stock,
but I have an assortment running up
to \$15.00 in price,

LIST OF Homœopathic Remedies.

Acidum Aceticum	Anacardium Orient
Acidum Chryosph	Anthemis Nobilis
Acidum Fluoric	Antimonium Crude
Acidum Gallic	Antimonium Sulph A
Acidum Muriat	Antimonium Tart
Acidum Nitric	Apis Mellif
Acidum Nitro-M	Apocynum Cann
Acidum Phos	Argentum Nitr
Acidum Picric	Arnica Mont
Acidum Salicyli	Arnica Rad
Aconitum Nap	Arsenicum Alb
Aconitum Rad.	Arsenicum Iod
Actea Racemosa	Artemisia Vulg
Æsculus Glabra	Arum Dracon
Æscults Hippo	Arum Tryphyll
Agaricus Musc	Asafoetida
Agnus Castus	Asarum Can
Ailanthus Gland	Asclepias Off
Aletris Farinosa	Atropia
Alnus Rubra	Aurum Metall
Aloe Socotrina	Aurum Mur N
Alstonia Constricta	Bacillinum
Althea Rad.	Balsamum Pur
Alumina	Baptisia Tinctora
Ambra Grisea	Barosma Crenata
Ammon. Carb	Baryta Carb
Ammon Caust	Belladonna
Amyl Nitrit	Bellis Per

Berberis Vulg	Cina
Boletus Pin	Cinnabaris
Bryonia Alb	Cistus Canad
Buchu	Clematus Erecta
Cactus Grand	Coca
Cajeputum	Cocculus Ind
Caladium Seg	Coccus Cact
Calcareea Carb	Codein
Calcareea fluor	Coffea Cruda
Calcareea Phos	Collinsonia Can
Calcareea Hypophos	Colocynthis
Calendula Off	Condurango
Camphora	Conium Mac
Canchalagua	Copaivia
Cannabis Ind	Corrallium Rub
Cannabis Sat	Corydalis Form
Cantharis	Crocus
Capsicum Annum	Cucurbita Pepo
Carbo Animalis	Cuprum Acet
Carbo Veg	Cuprum Met
Carbolicum Acid	Cyclamen
Castanea Vesca	Cypripedium Pub
Caulophyllin Thali	Digitalis Purp
Causticum	Dioscorea Vill
Cedron	Drosera Rot
Chamomilla	Dulcamara
Chelidonium Maj	Equisetum Hym
Chimaphila Umb	Erigeron Canad
China Offic	Eryngium Aquat
Chininum-Arsenicum	Eucalyptus Glob
Chininum Mur	Eupatorium Arom
Chloral Hydrat	Eupatorium Perf
Cicuta Mac	Eupatorium Purp
Cimicifuga Race	Euphrasia

Ferrum Carb	Kali Sulph
Ferrum Iodatum	Kalmia Lat
Ferrum Metallic	Kreosotum
Ferrum Mur	Lachesis
Ferrum Phosph	Lapis Albus
Ferrum Sulph	Ledum Palus
Filix Mas	Leptandrum Virg
Galium Aparina	Lithium Carb
Gelsemin Nit	Lobelia Inflata
Geranium Mac	Lupulin
Glonoin	Lycopodium Cla
Gossypium	Lycopus Virg
Graphites	Macroton
Hamamelis Virg	Magnes Carb
Helleborus Nigr	Magnes Phos
Helonias Dioica	Matico
Hepar Sulph	Mercurius Bin
Hydrastinum Mur	Mercurius Cyan
Hydrastis Canad	Mercurius Iod flav
Hydrocotyle Aciat	Mercurius Iod Rub
Hyoscamus Nigr	Mercurius Sol Hah
Ignatia Amar	Mercurius Corr
Iodium	Mercurius Viv
Iodoform	Mezereum
Ipecacuanha	Monobromid Camph
Iris Versic	Monotropa Unif
Jalapa	Myosotis Symph
Juglans Cin	Natrum Mur
Kali Bichr	Natrum Phos
Kali Carb	Natrum Salicyl
Kali Hydroiod	Natrum Sulph
Kali Hypophos	Nuphar Lut
Kali Mur	Nux Moschata
Kali Phos	Nux Vomica

Olibanum	Spigela
Opium	Spongia Tost
Pepsin	Stannum Met
Petroleum	Staphysagria
Petroselinum Sat	Stillingia Syl
Phosphorus	Stramonium
Phytolacca Dec	Strychnia
Piper Methystic	Sulphur
Plantago Maj	Sulphur Iod
Platina	Sumbul
Podophyllum Pel	Symphytum off
Podophyllin (Res'noid)	Tabacum
Pulsatilla Nigr	Tamus Communis
Pulsatilla Nut	Tarantula Cubensis
Ratanhia	Tartar Emeticus
Rheum	Thuja Occident
Rhododendrum Chrys	Trillium Pend
Rhus Radicans	Tussilago
Rhus Tox	Urtica Dioica
Rumex Crispus	Urtica Urens
Ruta Graveolens	Usnea Barb
Sabina	Ustilago Maydis
Sambucus Nigr	Vaccinium
Sanguinaria Can	Veratrum Alb
Sanguinaria (Res)	Veratrum Vir
Santonine	Viburnum Opul
Sarracenia Purp	Viburnum Prun
Sarsaparilla	Viola Tricolor
Scilla Marit	Wahoo
Secale Corn	Xanthoxylum
Selenium	Zincum Met
Senecio Aur	Zincum Phosphid
Sepia	Zincum Valer
Silicia	Zincum Met
Solanum Nigr	

PLAIN DIRECTIONS

FOR THE TREATMENT OF THE MOST COMMON
COMPLAINTS BY HOMŒOPATHIC REMEDIES.

THE DOSE

OF EVERY MEDICINE RECOMMENDED IS INVARIABLY

FOR AN ADULT—Eight Globules, two drops of
the Tincture or dilution, two grains of
Trituration (powder) or two tablets.

FOR A CHILD—Half the quantity.

FOR AN INFANT—One-fourth the quantity.

A drop of Tincture is easily divided by mixing
one drop with two spoonfuls of water and giving
a spoonful for a dose.

Dose to be repeated every one, two, four or six
hours as the symptoms are more or less severe.
Globules may be taken dry on the tongue or in a
teaspoonful of water.

The most appropriate time for taking medicine,
as a rule, is on rising in the morning and at bed
time. If oftener prescribed—one hour before meals,
or two hours after. In severe cases repeat dose
every hour till relieved, then only every two, three
or four hours, as case requires.

N. B. — When taking Homœopathic Medicines
the patient must abstain from all other remedies,
as herbs, drinks and odours, as camphors, cologne,
hartshorn, &c., and avoid vinegar, pickles, pepper,
spices, and, as far as possible, spirituous liquors
and tobacco.

M A N U A L :

“OR WHAT TO GIVE IN DISEASE.”

Abscess—When there is much pain and swelling—Bell. When matter begins to form—Hep S. When it is red and shining, and situated in the glands of the neck—Merc. S. or Dulc. To remove tendency to abscesses take a dose of Sulphur every other night. Cloths dipped in the Extract of Witch Hazel and applied to the parts is of great service.

Appetite—Loss of, without any apparent derangement of the system—China. When it proceeds from sedentary habits, late hours, too free indulgence in wines or spirits, worse in the morning—Nux V. If from partaking of rich food, pastry, pork, &c.—Pulsatilla. From overloading the stomach—Antim. Crudum, or use No. 8 Specific.

Aphthæ (Thrush)—Give Merc. S. a dose three times a day. This remedy, promptly used, seldom fails to effect a special cure. In bad cases, a solution of Borax may be painted over the tongue and fauces by means of a camel's hair pencil. Sulphur and Phytolacca are also useful remedies. Specific No. 25 is a valuable remedy in this trouble.

Asthma—For difficult breathing, oppression of the chest, and great debility, give Arsen. For constriction in the chest, and rattling of mucus wheez.

ing, &c., give Ipec. If there is a short dry cough, oppression of the chest, indigestion, Nux V. may be taken. Lobelia is also of great service in Spasmodic Asthma, with hawking up of mucus. Specific No. 19 may be used when these remedies fail.

Billious Headaches—Symptoms—Nausea, frequently vomiting of bile, bitter taste, thirst, loss of appetite, headache, furred tongue, constipation, &c —Merc. and Nux V alternately every two or three hours. If brought on by eating rich food, or by errors of diet, take Puls. Frontal Headache—Bryonia. Sick Headache—Ipecac, Iris. Congestive—Aconite, Bell, Glonoin. Nervous—Ignatia, Coffea. Sunstroke—Glonoin. Periodical Sick Headache—Sanguinaria. Dose of the remedy, every half hour until relieved. Homo Tinct. Podophyllin, No. 7 Specific and Golden Health Pellets are valuable remedies.

Boils—These troublesome things are, in the majority of cases, best cured by Arn. especially if they are small. If red and painful—Bell. If supuration has commenced the best remedy to bring them to head is Hep. S. A cold water compress is an excellent local application, with a little Extract Witch Hazel added. The Golden Health Pellets are a Specific in these troubles.

Constipation — If attended with headache, giddiness, hard knotty stools—Nux. Vom. In chronic cases, especially if there is a tendency to piles—Sulph. If with unpleasant taste in the mouth—Merc. S If with disordered stomach and headache—Bry. If habitual constipated—Sulphur night and morning for two or three weeks have

cured many cases, or use No. 15 Specific and Tinct. Podophyllin, both useful remedies. A new remedy and a valuable one is the "GOLDEN HEALTH PELLET"

Chilblains—Those who annually suffer, may safely conclude that the cause is constitutional, and they will do well to commence taking Sulph. night and morning before the cold weather sets in. Phosph is also a good remedy. Arnica Lotion and Tamus Com are among the best local applications—where not broken, a certain specific; if broken, apply Calendula Cerate, or Extract of Witch Hazel.

Croup—If there is a great thirst, hurried breathing, burning heat, dry cough—Acon. If much phlegm, rattling of mucus, and loose cough—Hepar. S. Loud sonorous cough, noisy respiration, accompanied with fits of choking—Spong. If there is soreness of the throat, dry cough and headache—Bell. Specific No. 12 covers all conditions, and is a valuable remedy.

Colds—When there is a constitutional tendency to take cold—Calc. C. is a good remedy; a dose night and morning for a month. Feverish colds—Acon. and Bell. Cold in the head, with watery discharge from the nose, and smarting and stinging in the eyes and nose—Ars. A common cold is well met with alternate use of Acon. and Nux. V. Concentrated Solution of Camphor is also a good remedy in the incipient stage. If not soon relieved try Mercury and Pulsatilla. Gelsemium is also good in

first symptoms of cold. Specific Nos. 2 and 6 will be found very useful remedies, and act quick; and if Cold is in the head use "CROTON CATARRH REMEDY," snuffed up the nostrils 3 or 4 times a day after meals.

Coughs.—Moist or loose—Dulc, Hep. S. Hard dry cough—Bell, Nux V. Shootings in side, or pains in the chest, with difficult respiration—Bry. Chronic cough, hoarseness, pain in the chest—Phosph. Obstinate cough, with copious expectoration—Sulph and Ipec. Shaking cough with sore throat and hoarseness—Merc and Bryonia. In chronic and catarrhal cases, use—Kali Bichrom and Aur Mur.

Colic (Gripes).—The medicines usually adapted are as follows:—Severe colic, causing the patient to double up—Coloc. Bilious colic—Cham or Nux V. Flatulent colic—Nux China, Puls, or Lycopod. Biliousness—Podophyllin. Abdominal colic or neuralgia—Belladonna and Nux Vom Take occasional dose of GOLDEN HEALTH PELLETS as preventative.

Cholera.—Give Camphor at the outset when there is great prostration, collapse and icy coldness, and before there is any vomiting or purging. Veratrum Alb. for excessive vomiting and purging with violent pains in the abdomen and extremities—Arsenicum if the collapse deepens, intense thirst, yet the least quantity of liquid is vomited up again. Cuprum Acet for violent cramps, spasmodic twitching of fingers or toes, no vomiting. No. 3 Specific is also a valuable remedy.

Diarrhœa.—Painless, attended with great weakness—China. Bilious Diarrhœa thirst, foul tongue,

gripings, nausea, vomiting, and loss of appetite—Cham and Merc alternately. From a chill—Dulc. With colic—Cham. English Cholera—Ars, Verat, especially if there is burning pains, vomiting, coldness of the body, cramps, severe colic, &c., in alternation after each motion. From biliousness—Pod. No. 5 Specific is useful in this complaint.

Dysentery.—If there is a violent straining, with bloody evacuations, mixed with mucus, clammy perspiration, &c.—Merc C. The application of a warm bread or bran poultice to the abdomen, if there is much pain. Try also Nux and Podoph. If much pain in the bowels, apply hot brandy, and cover with dry, hot flannel. If griping and colic, causing to bend double—Colcoynth, repeat dose after every evacuation. No. 3 Specific will be found of great service, and cloths wrung out of hot Witch Hazel Extract to the abdomen.

Diphtheria.—This is a very severe, painful and fatal disease, carrying off hundreds of children, annually. It generally attacks the throat, mucus membranes, and when it does, it is fatal. Remedies Acid Sulphurous, in its first stage, is a certain specific. Dose for children, 3 to 5 drops in desert spoonful of water every hour or two, as the case requires, gargling the throat with the same strength before each dose. Adults, 10 to 12 drops in the same manner. Phytolacca is a very valuable remedy. Dose, 1 or 2 drops of Mother Tincture in teaspoonful of water every hour or two, and gargle the throat with the same strength before each dose. A good Homœopathic physician should be called in immediately.

Earache.—This painful affection is speedily cured by means of Puls, Merc S, or Cham. If there is pain and redness, swelling and heat of the ear—Puls. If the pain extends to the cheeks and teeth, and is of a shooting character—Merc. Severe pain and dryness of the ear—Cham. See No. 20 Specific, very beneficial in this complaint. If pain is very severe put a few drops of Sulphuric Ether on batting in the ear, and give Rhus Tox, or apply hot fomentations of Witch Hazel, putting a few drops in the ear on batting.

Erysipelas (ST. ANTHONY'S FIRE)—If there is burning heat, swelling of the part, redness, thirst, headache, and restlessness—Bell. If fever, hot skin, and much thirst, give Acon. If the skin is covered with little bladders or vesicles, with swelling, shining redness of the parts, and restlessness—Rhus-Tox. Hot dry flour applied to the part is a valuable assistant, and use in connection with this, Specifics Nos. 2 and 13, in alternation, every two hours till relieved, then not so often.

Faceache, Tic. or Neuralgia.—If there is great heat of the face, and redness, restlessness and irritation—Acon. If prostration of strength, and the pains come on periodically—Ars. When there is darting pains under the eye, running along the cheek-bone—Bell and Merc. If it arises from debility and deficiency of vital power, loss of appetite, &c.—China and Ars. Where there is excitability of the nervous system, with very great pain—Coffea or Gelsem. and Ars. The best and most efficacious remedy is "Hypophospherine," as

directed. No 10 Specific is also a very useful remedy in all such cases, and gives quick relief.

Flatulence (Wind).—When arising from eating greasy or rich food—Puls. When from overindulgence at the table—Nux V. When there is distension and windy eructations—Carbo V and Lycopodium. See Specifics Nos. 8 and 21, and Golden Health Pellets.

Fevers.—In inflammatory fevers—Acon, Bell, Bry. In ague, chill, or remittent fevers—Gels, Ars, China S. In catarrhal—Acon, Puls, Merc and Nux V. Rheumatic—Acon, Bry, and Rhus. Typhus—Acon, Bell, and Rhus. Typhoid—Baptisia I, and Rhus. Scarlet—Aconite and Bell. When the disease is severe, use the remedies every hour apart, in the order named. Gels is the remedy in all catarrhal, bilious, rheumatic, and remittent fevers. Put 10 or 12 drops of Mother's Tincture in a teacupful of cold water, and mix well. Dose, tablespoonful or two every hour till sweating is freely produced; then only half the dose every 2 or 3 hours, and make fresh medicine every morning in a clean cup. In catarrhal fever or colds use Nos. 2, 6 or 17 Specifics—valuable remedies in all sudden attacks of cold in the head or chest. In catarrh of the head the Croton Catarrh Remedy will be found of infinite service in connection with the above remedies.

Gumboil.—This troublesome affection often arises from the presence of decayed teeth, which should be removed if they are of frequent occurrence. Bell is indicated if there is much redness and heat. More when the boil is hard and pain

ul. Hep. S., if suppuration has commenced, and there is throbbing of the part. When matter formed give Silicia. Take a dose of Golden Health Pellets.

Headache—May arise from various causes such as cold, congestion of the brain, nervous debility, or derangement of the digestive organs. Bilious headache—Nux. V., Merc. Sick headache—Ipec. Frontal or one sided—Bry. Semilateral—Puls. Catarrhal—Merc. Congestive—Bell., Bry. Nervous—Ignat, Coffea, Homo, Tincture Podophyllin, No. 7 Specific, and Golden Health Pellets—valuable remedies in this disease.

Heartburn—A painful, burning sensation in the stomach, rising up into the throat ; a symptom, in the majority of cases, of indigestion. Nux. V. dose three or four times a day ; afterwards Sulph. in the same way. See Homo Tincture Podophyllin and No. 8 Specific, or Golden Health Pellets.

Whooping Cough—May be divided into three stages—1st, a cold ; 2nd, a cough, characterized by a sense of suffocation, and coming on in paroxysms, attended with the peculiar whooping sound ; 3rd, the cough becomes loose, and the whoop ceases. The remedies are—Bell and Hep. in the first ; Ipec and Dros. in the second ; and Puls in the third stage, alternately with Sulphur. This disease is very painful and harassing to children, and many are carried off by it under the old drug-treatment, but under Homœopathic remedies it soon yields and passes off as a common cold. The Mother Tincture of Castanea Vesca, a new

remedy, in 10 drop doses, after each severe fit of coughing, is found to be a certain cure for this trouble. No. 18 Specific has been used for a number of years with the happiest results, and where there is much fever, No. 2.

Eyes—In simple inflammation, with redness and fever—Aconite. Sensitiveness to light, redness of white of the eye, dryness, pains in the eyes and head—Bell. Where there is profuse lachrymation and coryza — Euphrasia and Ignatia. Eye-lids agglutinated with suppuration—Mercury—Hepar S. Inflammation of eyes and swelling of lids—Apis. Weak sight and double vision—Gelsem. No. 16 Specific covers most all chronic trouble of the eyes.

Indigestion—Too well known to require any description. If it arises from eating rich or fat substances—Puls. If from sedentary habits—Nux. Bry, and Lycop. If from over-indulgence—Nux. Cham. If from grief—Ignat. If it has become chronic, and there is great irritability—Nux V and Acon, Carbo Veg, Calc. Carb, Petroleum and Baptisia, are also useful remedies. Derangements of the digestive organs from over-eating—Antim. crude. A dose of the indicated remedy one hour before each meal. No. 8 Specific, Homo Tincture, Podophyllin and Golden Health Pellets are valuable remedies in troubles of the stomach and liver.

Measles—This disease comes on like a cold in the head, with a cough. On third or fourth day they begin to appear on the face, then on other parts of the body. Remedies, Aconite for fever, then Pulsatilla, which is a specific for the cough. Gelsem is a valuable remedy in this trouble; a few doses soon relieves, and brings out the rash freely.

ut 8 drops Mother Tincture in half cup cold water, and mix well. Then give a desertspoonful every 2 or 3 hours, and keep warm and from drafts while measles are out. When they are out, leave off Gels. and give Pulsatilla for a few days, and if any cough remains, give a few doses of Sulphur to complete cure.

Mumps—This disease is characterized by swelling of the glands behind the ears, and under the jaws. The remedies are Bell and Merc, which may be taken alternately every 4 hours. If very painful apply a little hot water, or which is better warm Witch Hazel Extract on flannel to the parts, and keep warm.

Piles—Are always constitutional, and generally accompanied with constipation. They are easily cured by means of Nux V and Sulph, given in alternation. Avoid stimulating food, and adopt careful diet. Constipation is a great cause of this disease, and not alone of Piles, but many of the diseases that afflict the human body. Attending to the calls of nature regularly and keeping the system in order, should be the first duty of all. Making the meals regular, adopting a careful diet, and avoiding all stimulating food and spirituous liquors, will afford great and lasting benefit. The remedies are Nux V at night, and Sulphur in the morning, for several weeks, will cure a large majority of cases. Pulsatilla, where there is slimy stools mixed with blood. If bleeding and external, apply to the parts Extract Witch Hazel, or Hamamelis Cerate. Specific No. 15, and Golden Health pellets are a certain cure for this trouble, if persevered in.

Rheumatism—Generally affects the muscle and joints; the part affected is hot and painful frequently swollen and red. Fever is always more or less present. Acon in severe attacks, with fever Bry—pain in the muscles, worse on movement Rhus—when pain is in the tendons. Sulph to complete the cure. In chronic or acute cases use No. 14 Specific or Homo Tinct Podophyllin, and apply to the affected parts Compound Arnica Liniment. “The Golden Health and Liver Pellets,” will be found very useful to keep the system in order and assist to throw off the disease.

Ringworm, Tetter and Scald-head—These are very persistent and troublesome complaints to get rid of. They require similar treatment, and under Homœopathic remedies they soon yield to the treatment. They generally attack the head, face, hands, and sometimes other parts of the body. Remedies are Apis, Rhus and Sulph—a dose once daily of each, commencing with Sulph and attend to diet. If on the head, cut the hair short and wash the part, night and morning, in tepid water slightly acidulated with vinegar, then dry and apply “Sulpho-Carbolic Salve” freely and use Specific No. 13 internally. If Ringworm on the face, paint the parts with Glycerole Acetic Acid once or twice a day, then apply Salve as above. In severe chronic cases in adults, take every second or third day after tea, a dose of Golden Health Pellets to move the bowels freely to carry off any effete matter in the system.

Sea Sickness—This is a very troublesome and painful complaint with many. For a week before

iling take Nux V three times a day, and live on light food, and when on board continue the same with an occasional dose of Pod. If nausea should set in, with inability to vomit, take Cocculus. Specific No 34 is a valuable palliative in this trouble, as it acts like magic in most cases. Take a dose of "Golden Pellets" before going on board.

Small Pox.—The first symptoms are nausea, pains in the back and fever. Give Antim, Tart, and Aconite every two hours apart, Bell. if headache and great stupor, Mer, Cor. if throat is sore and pimples have made their appearance. Take Tinct. Sulphur during convalescence.

Sore Throat or Quinsy—A very painful complaint, with heat, redness, and rapid swelling of the tonsils and glands, difficult swallowing and general fever—Acon., Bell, alternately, every four, till relieved; gargling, (in Quinsy), between doses, with Tinct. Capsici, three drops to a teaspoonful water, as often as it relieves. For Ulcerated and Catarrhal Sore Throat, Kali. Bichrom., Merc. Sol. Merc. Iod., and gargle with Phytolacca, five drops of the tincture to tablespoonful water with a teaspoonful of Glycerine, every hour till relieved.

Spasms or Convulsions of Children—When from teething or indigestion Cham. When the brain is affected with derangement of the nervous system—Bell and Ignatia every hour alternately; when improvement sets in give medicine at longer intervals. Nos 4 and 29 Specifics will be found of great service, especially No. 4, if from worms or indigestion. In severe cases turn the patient on

Specific No. 19 Cures Asthma, etc.—25 Cents

the right side, and apply Spirits of Camphor, on cloth, to the nostrils, and let the patient inhale. This will be of infinite service to lessen the spasms as soon as they stop remove it.

Toothache.—This troublesome affection arises from various causes, such as taking cold, decay teeth, disordered stomach, rheumatism, debility etc. The remedies are—Acon, Cham, Bell, and Merc. From cold or chill—Merc, or Acon, Ge. From decayed teeth—Bell. Rheumatism—Cham or Merc. Debility—China or Ars. No 10 Specific is a reliable and safe remedy, and gives quick relief.

Vomiting.—When produced from eating over rich food—Puls. If bilious or from weakness the stomach—Nux V. From overloading the stomach—Ipec. If it is accompanied with diarrhoea and burning in the stomach—Ars. Specifics Nos. 1 and 5 can be consulted. See also Diarrhoea.

Water Brash (Acid Rising).—If of an acid character, and in cases of long standing—Calc. C. a dose night and morning. If complicated with symptoms of dyspepsia—Nux V. If from eating indigestible or rich food—Puls., Carbo Veg. will also relieve a great many cases. No 8 Specific and Homo Tinct Podophyllin are both valuable remedies. The Golden Health Pellets are specific in this trouble.

Whitlow.—This is an abscess, more or less deeply seated, forming in the first joint or end of the finger. Silicia will frequently cut it short taken immediately on first symptoms. Many are troubled with this complaint, and unless arrested it becomes very painful and unbearable. On the

et symptom, place the whole hand in Ice Water and keep it there as long as can be borne, then take it out, and repeat a few times till the disease is perished, and it will be certain to remove it. The remedies are—Bell and Merc Sol, Hepar and Silicia taken every hour alternately on first symptoms of the disease. Bell and Merc in first stage; Hepar and Silicia in the suppurating. (See Specific No. 22).

Worms—This is a great trouble with children, carrying off hundreds prematurely, and is produced from over feeding and not proper attention to their diet and cleanliness. Symptoms—pain, heat fever, grinding the teeth in sleep, restlessness, pale face, itching the nose, irritability and flushed face. Remedies—Aconite if feverish, Cina Merc S, Natia, Lycopodium and Ferri, dose every two hours. No. 4 Specific is invaluable when there is great irritability and restlessness. Thompson's celebrated Worm Powders are a specific where worms are undermining the system. They act on the liver and secretions, carrying off all impurities from the stomach and bowels.

N.B.—Sponging the body daily at bedtime with warm salt water, and rubbing dry with a coarse towel, will assist the above treatment.

Wounds (Cuts and Bruises)—Wash the part with cold water, to free it from all dirt, etc., and then apply a lotion of Calendula, by means of a rag dipped in it, and cover with a dry bandage. For Sprains or Bruises, Arn should be applied externally, and taken internally at the same time. In Sprains or Sprains use Extract of Witch Hazel or Compound Arnica Liniment externally.

Specific No. 21 Cures General Debility—25c.

R E M E D I E S

— FOR —

EXTERNAL APPLICATION

ARNICA,
CALENDULA,
CANTHARIS,
RHUS TOX.

Lotions are made by adding 20 drops
of the tincture to half a cupful
of water, and are applied
freely to the parts.

MATERIA MEDICA

COMMON REMEDIES

AND THEIR USES.

showing the Organs of the Body, &c., which they chiefly affect ; and intended as a guide to those who have no knowledge of the Disease to which they are applicable.

Acon Nap—Monkshood—Chiefly affects the circulatory system ; and is useful in all cases of inflammatory Fever ; in Rheumatic, Inflammatory, Catarrhal, and Simple Fevers, Feverish Colds, Bronchitis, Chicken-pox, Croup, Measles, Pleurisy, Erysipelas, Heat-spots, Scarletina, Red gum, and Teething of Infants ; in Faceache, Nightmare, and Indigestions.

Arsen Alb—White Arsenic—Chiefly affects the alimentary canal, respiratory organs, and skin, and is useful in ailments characterized by excessive exhaustion and debility ; in Asthma, Cold in the head, and Influenza ; Diarrhoea, with burning pains in the internal parts ; violent Vomiting ; Irritation of the Bowels and Throat.

Arnica Mont—Leopard's Bane—Chiefly affects the skin and absorbent vessels. Is useful in Bruises, Erysipelas, Straining, and wounds ; ailments arising

See Golden Health Pellets—Cures all Skin Diseases

from shock, fall, over-lifting or straining; affected of bodily fatigue as in riding, walking, rowing etc. Externally, for Stings, Wounds, Bites, Bunions, Chilblains, Corns, etc.

Bryonia Alb—White Bryony—Chiefly affects the muscles, fibrous tissues of the joints, lungs, liver, and respiratory organs. It is useful in Rheumatism, Cough, Constipation, Rheumatism, Headache, Bronchitis, and Pleurisy, Gout and Lumbago, Dry and Violent Cough, especially during the prevalence of east winds.

Belladonna. Deadly Nightshade. — Chiefly affects the brain, nerves and the glands; and is recommended in ailments characterized by Congestion of the Blood to various parts; Headache, Giddiness, Whooping Cough, Apoplexy, Erysipelas, Toothache, Sore Throat, Gumboil, Mumps, Quinsy, Hoarseness, Loss of Voice, Convulsions in Infants, etc

Calc Carb—Carbonate of Lime—Chiefly affects the fibrous system, bones and skin; and is recommended in ailments connected with Rickets and Scrofulous Constitutions; in slow and difficult Teething, Nettle-rash, Warts and Corns: too frequent Menstruation, Whites and Nerve Irritability.

Cantharides—Spanish Fly—Chiefly affects the urinary organs, and is useful in Inflammation of the Bladder and Kidneys; in Stranguary and Retention of the Urine; in Inflammation of the Urethra, and Sub-acute Inflammatory stage of Gonorrhœa. It is also applied externally in Burns.

Use Golden Health Pellets—Cures Old Sores, etc,

Carbo Veg.—Vegetable Charcoal.—Is useful in the weakness which often follows acute disease and derangement of the digestive organs ; and is useful in ailments arising from the abuse of Mercury, in flatulent Colic, Offensive Breath, Bleeding Gums, Stank in the Mouth, Spasm of the Stomach, and Water brash.

Chamomilia—Chamomile.—Chiefly affects the stomach and bowels ; and is adapted to conditions of irritation and Excitability of the Nervous System ; Bilious attacks, Nervous Excitement, Bilious Diarrhœa, Acidity and Diarrhœa of Infants ; Tooth-ache, Teething in Infants, Convulsions in Infants, Irritating, Tossing, and Drawing up of the Limbs.

China Off.—Peruvian Bark.—Chiefly affects the vital powers and nervous system ; and is useful where there is weakness after severe and acute disease, loss of blood, animal fluids, and humors ; in dyspepsia, painless Diarrhœa, Intermittent Fevers, with Chilliness ; in Neuralgia, Congestion of the Liver and Spleen, Chronic Debility, and Emaciation.

Cina.—Mugwort of Judea.—Chiefly affects the intestinal canal, stomach and brain ; and will prove useful in Cerebral Affections, in Worms, Gastric Disturbance, Bloated Abdomen of children, Convulsions from worms, Wetting the Bed, tendency to Atrophy, and Water on the Brain.

Cocculus.—Indian Cockle. Its chief action seems to be on the brain and spinal nerves ; in affections arising from Anger, Sickness arising from riding in Carriages or Ships, Flatulent Colic,

Tincture Thuja—Cures Warts, etc.

Spasms of the Stomach, Gastric and Bilious affections, Hysteric Spasms, Painful Menstruation, Nausea and Fainting.

Coffea.—Coffee.—Chiefly affects the nervous system, and is useful in the following affection viz.,—Sleeplessness, Nervous Excitability, Nervous Headache, Excessive Agitation of both mind and body, Mental Fatigue, Desire to Sleep and cannot.

Colocynth.—Bitter Apple—Chiefly affects the nervous system; and is useful in Sciatica, Constipation, Colicky Pains in the Abdomen, Bilious Colic, Bilious Fever, Diarrhœa, Dysentery, Colic during Menstruation, and Cramps in the Calves and the Legs.

Drosera.—Sundew.—Chiefly affects the Bronchia; and is useful in Whooping Cough, Hoarseness, Dry Spasmodic Cough, the early stages of Consumption, Retching or Vomiting of food and Inflammation of the Larynx.

Dulcamara.—Bitter Sweet. — Chiefly affects the skin, mucus membranes, and glands; and is useful for all those affections originating in a sudden Cold from damp, wet weather; such as Catarrh and Cough, Loose Cough, Diarrhœa, Nettle rash, Sore Throat, Elongated Uvula, Stiff Neck, and Toothache.

Gelsemium.—Chiefly useful in Nervous Shiverings without chilliness, Chill Fever, Hysterical Langour, Neuralgia or Faceache, Twitchings of the Muscles, Spasmodic Croup, Sleeplessness of Children, or from Mental Excitement. Scarlatina to bring out the eruption, Remittent Fever, Weak Sight, with dimness or double vision.

Liniment of Arnica.—Cures Rheumatism

ziness, Palpitation of the Heart, Nervous
othache, applied locally, many ailments of Chil-
en during teething, as sleeplessness, Pain with
lden outcries, Spasms of the Glottis, Wetting
e Bed, and in Coughs, Colds, Catarrh, etc.

Hepar Sulph — Sulphuret of Lime — Chiefly
ects the glands, mucus membranes, skin, and
ndpipe. Is useful in Boils, suppurating Abscess,
ye, Gumboil, and Whitlow; Chronic Hoarse-
ss, Loss of Voice, Croup, Sluggishness of the
ver, Secondary Syphilis, Chapped Skin and
acks of the Hands and Feet.

Ignatia Amara—St Ignatius Bean—Chiefly
ects the mind and brain, and Nervous System;
d is especially useful in alternate conditions of
eerfulness and Weeping, Hysterics, Silent Grief,
rvous Headache, Fainting, Evils that arise from
appointment, Chagrin, Neuralgia of the Head,
ce and Teeth.

Pecacuanha—Chiefly affects the mucus mem-
nes; and is suitable to those who are predis-
sed to Spasms, Nausea, Vomiting, and Irritation
the Stomach; in Asthma, Whooping Cough,
aning, Vomiting during Pregnancy, Diarrhœa
Infants, Bilious Headache, Cough, with rattling
Mucus in the Chest.

Lachesis—Poison of Lance-headed Viper—Has
en found more especially useful for affections of
Throat and Fauces, sensation of a Ball in the
roat, Tremors and Palpitation of the Heart,
ute and Chronic Rheumatism, Typhoid Fever,
rcurial Ulcers in the Throat and Tonsils.

Liniment of Arnica—Cures Sciatica

Mere Sol—Black Oxide of Mercury—Chiefly affects the skin, liver, glands, and mucus membranes, and is useful in Cough with Sore Throat, Cold in the Head, Bronchitis, Diarrhoea with Dysentery, Mumps, Swollen Glands, Swollen Face, Colicky Diarrhoea, Earache, Catarrhal Deafness, Torpidity of the Liver, Jaundice, Thrush, etc., etc.

Nux Vomica—Vomit-Nut—Chiefly affects the liver, stomach and bowels, cerebral and spinal system; and is therefore useful in Constipation, Bilious Attacks, Flatulence, Indigestion, Heartburn, Water-brash, Stomach Cough, Sea Sickness, Spasms of the Stomach, Nightmare, Cold in the Head, Congestive and Bilious Headaches.

Opium—Chiefly affects the nervous system, and greatly stimulates the brain. It will be found an excellent remedy in Constipation (recent cases), Apoplexy, Delirium Tremens, Convulsions, Typhoid and Typhus Fevers, Affections of the Heart, Pain induced by fright, Suppressed Menses, etc.

Petroleum—Has been found of service in Affections of the Bladder and Urinary Apparatus, some Skin Diseases, Rhagades of the Hand, Herpes, Chilblains, Gastric Ailments, Seasickness, Profuse Sweats, night and morning, Dysentery and Chronic Sickness.

Phosphorus—Chiefly affects the respiratory organs, the Bronchia, and the cerebro-spinal system of Nerves. Is good in cases of Debility, with loss of vital power. Tubercular Phthisis (early stages), in Loss of Voice, Dry Cough, Inflammation of the Stomach, Croup and Chronic Bronchitis.

Liniment of Arnica—Cures Weak Back

Podophyllum—May Apple—A comparatively new medicine, much prescribed for Liver Derangements, Indigestion, Headache from Indigestion, Constipation, etc. Is considered an excellent substitute for Mercury, and has been given with good effect in Induration and Suppuration of the Glands.

Pulsatilla — Anemone — Chiefly acts on the sympathetic system and venous blood-vessels, the mucous membranes, and urinary and sexual organs, the eye, and the skin; and is peculiarly adapted to females, and persons of mild temperament. Is a good for Derangement of the Digestive Functions, and disorders from eating rich food, Pork or pastry; Offensive Breath, Loose Cough, Stye on the Eyelid; Earache, Measles; also in Painful or suppressed Menstruation.

Rhus Tox—Poison Oak—Chiefly affects the brain and nervous system, ligaments, tendons, mucous membranes, and the skin. Is useful in Acute and Chronic Rheumatism, with or without swelling of the parts, Lumbago, Sciatica, Cramps in the Legs, Erysipelas, Ring-worm, Nettle-rash, Cold-head. Shingles, Milk-crust, Sprains and strains, Warts, Corns, and in some states of Typhus and Typhoid Fever.

Sepia—Juice of the Cuttlefish. This medicine will prove of great service in skin affections, such as Leprosy, Ringworm; Dry, Scaly or moist Herpes; large Pustules, that fill and burst, on the hands, between the Fingers, or the Wrists, Elbows, and knee-joints; Red Pimples, with roughness and cracking of the Skin, and from which oozes a watery humour; also in Headache with Melancholy and Suppressed Menses.

Liniment of Arnica—Cures Neuralgia

Silicia—Is especially indicated when suppuration threatens, as in Whitlows, Glandular Swellings, Secreting unhealthy pus; in gathering which are sluggish and painful; Ulcers on the leg with pale, sickly face.

Spongia—Sponge—Chiefly affects the windpipe and bronchial tubes, and has been given with good results in Croup, with hollow, dry, and ringing Cough, noisy respiration, fits of choking; Chronic Cough and Bronchitis, and simple Hoarseness.

Sulphur—Chiefly affects the skin, and, to great extent, the whole organism, rendering susceptible to the action of other remedies. It is useful in Itch, Boils, Chronic Ulcers, and various kinds of Eruptions; in Chronic Constipation, Piles, Affections of the Bladder, Chronic Cough, in Rheumatism, Induration of the Liver, and Lymphatic Swellings and Abscess.

Veratrum — White Hellebore — Acts chiefly upon the brain and the intestinal canal, and will be found useful in Asiatic Cholera, Gastric and Intermittent Fevers, Nervous Headache, with Nausea and Vomiting. Diarrhoea with pain; Spasms, Violent Colic, Physical and Nervous Weakness, Hysteric Spasms, Cramps in the Legs, Bilious Attacks, Vomiting of Bile, etc.

LINIMENT OF ARNICA—Cures Severe Nerve Pains

DISEASES OF WOMEN

AMENORRHEA (SUPPRESSED MENSES)

When menses do not appear in young girls, or from getting wet feet, or from taking cold, with fearful, timid disposition, and headache, Pulsatilla three times a day, or Caullophyllin, 2nd trituration at night, and Macrotyn, 2nd trituration in the morning. If menses do not appear at the usual age, in no case give forcing medicines, as they do more harm than good, and are often dangerous, and the source of long lasting difficulties. If from chill, Gelsem, Mother Tincture one or two drops three or four times a day, and putting the feet in hot salt water at bed time. If no relief in three or four weeks, take Cimicifuga 1st, in five or six drops three or four times a day and once every second or third day after tea, 2 or 3 "Golden Health Pellets" to assist the liver and bring the secretions into action. If from fright, Aconite, Ignatia and Puls alternately. In sallow complexion, toothache, melancholy, sadness, pains in the limbs, colic, Sepia. If when they should come, and there are nervous symptoms, Cocculus every hour or two till relieved. Specifics Nos. 9 and 27 are valuable in these troubles that affect the generative organs.

Painful Menses

If the flow is great, with pain and sickness of the stomach, Ipecac and China in alternation every half hour till relieved, and then only every three or four hours. If there are spasms in the abdomen with hysterical symptoms, Cocc every half to an hour; if no relief soon, take Cuprum in the same way. Specific No. 27, if taken according to directions, will soon give relief.

Profuse Menses

If attended with bearing-down pains and pain in the back, Bell and Nux every half hour apart till relieved, then not so often. If weak from loss of blood, China. If flowing much, Ipecac 3, or Hamamelis, Mother Tincture, one drop or two in teaspoonful water every half hour till flow is abated, keeping in a recumbent position and perfectly quiet; at the same time, if urgent, lay cloth wrung out of cold water and spread over the lower parts of the abdomen, will allay the flooding, producing contraction of the parts. All this is for present relief. For those who have frequent and profuse menses, will find great benefit from a course of Nos. 11 and 21 Specifics, as they are admirably adapted for these troubles. If they cannot be had, take Bell in the morning, and Calc Carb at night for two weeks, then take China 3rd trituration in the morning, and Nux V 3rd at night for the same period. A few courses of these remedies will give lasting benefit.

Use Risley's Witch Hazel—Cures Sore Throat & Quins

Leucorrhœa (Whites)

This disease is very common among married, feeble or delicate women, and those that are overworked and too much upon their feet. It produces more than half their ailments, and is seldom permanently cured by the old drugging process, but under proper Homœopathic treatment it soon yields. There are some cases attended with ulceration and other diseased conditions, which require the personal attendance of a physician. If the following directions are attended to a great majority of the cases will be relieved—When there is ulceration of the womb or passages, the following injection will afford great relief, put 2 teaspoonfuls of Calendula Tincture into a half pint of lukewarm water, and inject while lying down, night and morning. This injection will be found a sovereign remedy. It will soon restore the parts to a healthy condition when used in connection with the following medicines internally—Caul, Macrotin, Pod and Puls; in most cases the two first are sufficient—Caul, every morning; Mac, every night; in first trituration, dose 3 grains. Hundreds of cases will be cured by these two remedies. Pod is an appropriate remedy when bearing down and Leucorrhœa comes on after confinement, in three drop doses, three times a day. If Leucorrhœa accompanies suppression of the menses, Puls 3, three or four times a day in two or three drop doses. When the discharge is irritating, with internal smarting, the above lotion injected on the parts twice daily, as directed, will be extremely useful. Never use any mechanical supporters for

“falling of the womb” as they are very injurious. The Calendula Lotion is all that will be required with the internal treatment to restore the parts to their usual vigor. If the discharge is like jelly use the above injection and take Sepia 6, three or four times daily. Specifics Nos. 9 and 11 cover the above conditions, and will be very useful in connection with the lotion. A dose of Golden Health Pills occasionally will afford much benefit.

Sickness and Vomiting during Pregnancy

This is sometimes a very troublesome and dangerous affection, but Homœopathic remedies soon relieve. Macrot 2 at night; Ipecac 2 in the morning, in three grain doses, will generally relieve. Sometimes ten grains of Bromid Potash at bedtime will prevent it. Kreosot 1, in two or three drop doses, three times a day, will be found serviceable. Nux Vom if constipated. Specific No. 24 will soon relieve and produce quiet and repose.

Sore or Inflamed Breasts

If from chill, a few doses of Gels as directed will relieve fevers till perspiration is produced. If this does not soon relieve, take Acon and Bell alternately every two hours till inflammation is subdued. When suppuration is set in, Hepar S and Phos in the same way, and keep breast covered from the

commencement with cloths wrung out of warm
Phytolacca lotion, half a teaspoonful of Phytolacca
in a cup of warm water.

Sore Nipples

Some mothers are greatly troubled with this
complaint. Before the birth of the child, wash
the nipples daily with a weak solution of alum
water, to which is added ten drops of Hydrastis
tincture to a tablespoonful of the solution to
soothe them. If nipples get sore after using lotion,
apply Hamamelis Cerate over the parts, and cover
with cotton batting. In no case let the child nurse,
nor use a nipple shield.

Physic

Never give it after confinement. It is productive
of great mischief in some cases. If bowels do not
move in two or three days a Nux V 6 at night, and
Rhubarb in the morning, or use Pod 3rd trituration,
three times a day. Homo Tinct Podophyllin will
be found very beneficial in one or two drop doses,
four times a day. An enema of lukewarm soap
water will greatly assist. This will be sufficient,
and avoid the long train of evils that follow the
use of Cathartics.

Nervousness

Many women as well as men in poor health
with weak digestion, have a train of symptoms,
well known as nervousness. These generally de-
pend on a disordered state of some organ or organs,

Use Risley's Witch Hazel—Cures Chilblains

of which this nervous condition is only a symptom. The cause must be cured in order to remove it. The distressing nervous sensations may often be greatly relieved by Ambra-Grisia 6.

In all conditions attended with nervous restlessness and sleeplessness, an occasional dose of the medicine will allay the irritability, and produce sleep, without resorting to opiates and its disagreeable consequences. Hypophospherine is another invaluable remedy, and will be found of great service in all affections of the nervous system. See Specifics Nos. 21 and 23. The "Golden Health Pellet" is a valuable regulator of the whole system to restore order therein; a few doses will convince the most skeptical. Kali Phos 3 is also invaluable. It is a good hypnotic.

Nervous Debility

This is a very deplorable affection, and one that is often inherited; but it is more frequently the consequence of weakness and indiscretion in youth. In its train may be counted hundreds of complaints to which various names have been given, but which are sufficiently specified by the two words at the head of this paragraph.

There are thousands of youth of both sexes harassed and troubled with this disease, and not know what is wrong with them, nor what has caused it. If they but knew, many would at once commence to live an orderly life, and do nothing that would tend to undermine their health and shorten their lives. Where is the being w

Use Risley's Witch Hazel—Cures Stings
and Bites of Insects

breathes that leads a true life? If such could be found in this day, we would say he was an angel.

We sin frequently willingly, and often in ignorance, from not having a true conception of Man's Physical Organism. "Man know and understand himself," should be the desire of all, yea, engraved on everything mental, and then live accordingly. If the law which govern Man's physical body were thoroughly understood and taught in all our schools, there would be a great deal less sickness, sorrow and death than there is. Man as he exists to-day lives too fast, and eats by far too much. An old and true proverb is "Man digs his own grave with his teeth," and this we see very often verified.

There is a Sovereign Remedy for this disease in all its various forms, in the Great English Specific, 'Hypophosferine,' and also Specifics Nos. 21 and 33, are invaluable remedies. Could give hundreds of certificates of cures performed by these medicines, but this is needless, as a trial of them will give entire satisfaction. This trouble cannot be removed in a day, week or month, that has probably been coming on for years. It takes months of careful treatment in some cases to effect a cure, and in other cases the cure is more rapid. It will depend on the condition of the system, with proper attention to diet and treatment. Sponging the body daily in warm salt water, and rubbing dry with a fresh towel, is a great service. The Homœopathic remedies are Acid Phos, Bell, China, Ignatia, Nux V, Sepia and Staphisagria, Sulph, and Mono-Bromo-Camphor. If these means and remedies are faithfully put in practice, there will

be no regrets. To restore the system and remove all obstructions that retard the return to health use the "Golden Health Pellets." A dose twice a week for two or three weeks ; then rest a couple of weeks, and begin again as usual, will be found very beneficial.

Liver Complaint, Costiveness and Dyspepsia

These diseases are the most common that afflict the human body, and there is scarcely any one who is free from some form of them. The most exciting causes of them are the use of fat and heavy food, eating too fast, overloading the stomach, violent mental emotions, use of stimulating spirits, suppressed evacuations, the abuse of mercury and strong purgatives, over-study, not attending regular to the calls of nature, producing constipation, piles and diseases of the liver, with all their accompanying results. What passes as dyspepsia is often some morbid condition of those organs or functions. The usual symptoms in Liver Complaint and Dyspepsia are weight in the stomach, with pain after eating ; wind with cramp of the stomach and risings, nausea, bilious vomiting, loss of appetite or canine hunger, thirst, whitish, dry tongue, bitter taste, hot flushes, heaviness, drowsiness and fulness of the head and dull pain in the region of the liver, pain in right shoulder, wandering pains in the breast, side and limbs, feeling of numbness in the hands and arms and legs, difficulty of lying on right side, constipation, wind, piles and sometimes diarrhoea, urine is thick

yellowish, oily or scant, with sediment, often dry
 hollow cough, unable to take a deep inspiration,
 yellow or pale and sallow complexion, with head-
 aches and moth patches on the face, etc. Never
 take strong cathartics for these troubles, as they
 are productive of more harm than good; they only
 relieve for the time, giving no permanent benefit.
 The principal remedies are Bryonia, Arsen, Nux
 , Puls, Sulp, Merc, Viv, and Podophyllin.
 Take three grains of Merc Viv at night, and
 the same of Podoph in the morning, in teaspoon-
 ful of water, for a week or ten days, then leave off
 for a week, then take Nux at night and Bry in the
 morning for the same time, with an occasional
 dose of Sulphur about 11 a.m. every second or third
 day, and the result will be very beneficial. If there
 is not much relief from this course of treatment,
 then recourse must be had to other means. The
 Homeo Tincture of Podophyllin and Golden Health
 Pills, and Specifics Nos. 8 and 15 cures most all
 conditions of these troubles. Taken week about,
 each case requires, these remedies are the great
 balancers for all irregularities of the system. There
 are none to equal them. They perform their work
 quietly and gently without weakening the system,
 cleansing and purifying the blood; liver, stomach
 and bowels, and bringing the system into order,
 and leaving it free from costiveness. Costiveness
 is a great precursor of many diseases. How can
 persons be healthy, or expect to be, who are con-
 stantly subject to it, and whose systems are
 continually clogged and enfeebled by undigested
 food retained in the stomach long after the time
 of its natural expulsion has passed, thus laying the

Pho-Carbolic Salve—Cures Scald Head, Etc.

foundation of diseases innumerable, and probably ending in consumption. The nature of all diseases of the digestive organs remain the same, although the symptoms may widely vary in different constitutions. Thus liver complaint arising from indigestion, caused by a torpid and inert state of the liver and pain or weakness of the stomach, are two different manifestations of disease, but the cause may be traced to the same origin, viz, costiveness and both are susceptible of cure by the use of the above preparations taken week about as the case requires. When the pores of the skin are open and the stomach and system perform their proper functions, and when the evacuations are regular that is daily, causes of disease arising from indigestion are impossible. But if, on the other hand they are not regular, and the pores are closed, the impurities which would otherwise make their escape through the skin, liver and intestines, are absorbed into the system whence result piles, boils, eruptions, inflammations, fevers, sluggish circulations, and feeling of great debility and lassitude ensues. When the gastric juice and mucous coating of the stomach becomes impaired, dyspepsia, heart-aches, colics, fevers, rheumatics, etc., attack and undermine the system.

Females and all who are studious or that lead sedentary lives are requested, if they wish to enjoy health and preserve youthful energies, to use the above preparations systematically, and to keep them always on hand ready for any emergency. Their constant regulating influences will prevent as well as cure, all diseases resulting from a disordered state of the system. The Homœopathic

Tincture of Podophyllin is not designed for the exclusive use of the costive or bilious, but is valuable in diarrhœa, colic, headaches, dyspepsia, etc. It is offered as a blessing to all who wish to keep their system in order. The "Golden Health Pellets" are also very mild in their action, and invaluable in all diseases that affect the human body. All who have used them can testify of their curative powers over disease. These remedies do not act as a mere temporary affair, they keep the system in a sound and vigorous state of health by easily and most imperceptibly cleansing it of all impurities. Indeed they are general purifiers, and as such they are offered to those who prize health and a vigorous constitution.

How to Feed a New Born Infant

After washing and dressing the babe, it wants sleep, into which it falls as soon as it is warm enough. Put it in its mother's bed, near her if possible. And having slept give it the breast, and if no milk there, then feed it with good sweet milk one part, and warm water four parts, and no sweeter than its mother's breast milk, and just as warm, and under no circumstances give it any stronger food. After feeding or nursing, wash its mouth out each time with a little warm water, it prevents thrush.

The mother's breast milk is certainly the most natural food for the infant, and there cannot be a more delightful occupation for a fond and anxious mother than to suckle her infant child. When there is plenty of breast milk, the mother and child quite healthy, there will be sufficient for the child's

Hypophosferine Cures Nervous Debility

nourishment for the first four or five months, without artificial food. The breast milk is frequently affected in its quality and quantity, by the mental and physical state of the mother. Fright will sometimes stop the secretion altogether; a fretful state, or greatly depressed spirits will lessen the milk. Passions, anxieties of mind, generally affect the milk, and seriously affect the child, producing irritation, griping, diarrhoea, green stools, and probably convulsions, and even death. Mothers while nursing their babes, should as far as possible keep in a tranquil state, and allow nothing to disturb their minds, as all disturbances are liable to affect the child.

All mothers should, if possible, unless disease prevents, suckle their children for the first four or five months, and if they should not have sufficient to satisfy their wants, recourse must be had to supply the deficiency with artificial food as near to the natural milk of the mother as possible. The most convenient we possess, from being an article of daily consumption, is the milk from the cow. The milk from one cow must only be used; never use mixed milk, as it is decidedly injurious. Take one part of new milk and four parts of water, and thicken slightly with any of the patent foods in the market; a good substitute for breast milk is the following: Dissolve one ounce of sugar of milk in ($\frac{3}{4}$) three-quarters of a pint of boiling water and mix with a quarter pint of fresh cow's milk and sweeten lightly, and put in a feeder. This may be used with safety during the first two or three months. If the mother gives the child the breast

**Use Thompson's Worm Powders in all
Worm Diseases**

When it is better to leave out the cow's milk and put in double the quantity of sugar of milk, as it does not answer to mix the two milks. Feed the child three or four times a day, and on no account overload its stomach, as it is positively injurious: must give it sufficient to keep it quiet, and then put to rest quietly, and on no account disturb till its food is settled. This shaking and knocking infants about is a very injurious practice, and should not be done or allowed, as it disturbs them and produces colics, griping, diarrhœa, spasms, etc. The little ones require every attention and care during their infant life and until they are able to walk. They should also get plenty of fresh air daily, as it is the life of them.

B a t h i n g

Cleanliness is very important for the health of the child, both as regards skin and clothes. Excoriations and diseases of the skin are the result of neglect. Tepid water should always be used to bathe or wash the child, never quite cold, and this should be done daily, and performed quickly, and dried with a fine soft towel. In all sudden attacks of cold and fever, bathe the child at bed-time and give it a dose of Aconite or Cina, if from worms. For chafing use Calendula Cerate, first washing the parts with a weak solution of alum water, then dry and apply the Cerate, and rub it well in.

Use Tincture Podophyllin—Cures Sick Headaches

OVERSTUFFING BABIES

During the first year children are as a rule, stuffed early and late; hence the greatest mortality is at that age. After this they are allowed more time between meals; hence a less proportion die. For example, while one-third of the deaths, according to mortality reports, are of children under one year only one-fifth are between one and five years. After five years of age children are fed on something like the three meal system, and comparatively very few die between five and thirteen years of age. In spite of these figures, or because their significance has not been noted, it has not occurred to the people to begin with three meals. The farmer who wants to raise the best possible animal from a calf, lets the creature suckle in the morning at milking time and again at night, with possibly a meal at noon. He is wise enough to feed his calf only twice or at most only three times a day, and the result is that the calf thrives from birth, and sickness is unknown. The same farmer has a baby born, and a contrary course is pursued with contrary result. Even before nature supplies the food, before the mother's milk comes, the ignorant nurse doses the baby with sweetened water or cow's milk. This results in stomach ache, and the cries of pain being mistaken for cries of hunger, down goes another dose, until finally, when the mother's milk does come, the child's stomach is in a condition to revolt at anything. If, owing to a vigorous constitution, the little victim goes along for a few weeks or months it is generally fed every hour or oftener, unless it happens to be, as is often the case, in a lethargic sleep for several hours, sleeping off a surfeit as an adult sleeps off a "drunk."—DR. C. E. PAGE, in "Journal of Chemistry."

LIST OF THOMPSON'S HOMŒOPATHIC SPECIFICS

With General Directions for their
Use in all Diseases.

DIRECTIONS

Adults, 3 pellets ; children, 1 or 2 according to age, every one, two, or three hours, as case requires. For infants and very young children dissolve 6 pills in four tablespoonfuls of water, and give a teaspoonful every half to an hour in all acute attacks of fever and pain. In Croup, Pleurisy and Cramps, dose every half hour till relieved. In Diarrhœa and Dysentery, after every motion of the bowels. In old or chronic cases, at night and morning for children. In acute cases of fever, to get quick relief in attacks of pain, dissolve as for infants and children, adults taking a tablespoonful and children a teaspoonful. In case of Neuralgia, Toothache, and severe Nerve pains, the remedy should be repeated every half an hour till relieved ; apply cloths, wrung out of hot water, over seat of pain, and cover with dry flannel to retain heat. These remedies will be found to act quickly and give immediate relief if properly administered. In all cases of a chronic nature use the "Golden Health and Liver

**Specific No. 27—Cures Painful
Menses.—25 cents**

Pellets" in connection with the above remedies and the happiest effects will be the result.

N.B.—Use no "Coffee, Pork, Salt or Cur Meats, Spices or Stimulants" while using the medicines. For very weak patients a little good Port Wine may be taken once daily in new milk always after eating. These medicines require to be kept from the sunlight, and being put up in bottles will remain always good.

"THE MILD POWER CURES."

LIST OF THOMPSON'S
HOMŒOPATHIC SPECIFICS.

No.	Price	Via
1	Cures	Diseases of Infants, Restlessness, etc.
2	"	Fevers, Congestion, Sore Throat, &c
3	"	Cholera, Cholera Morbus, etc.
4	"	Worm Diseases, Worm Fevers, Restlessness, etc.
5	"	Diarrhœa, Cholera Infantum, etc.
6	"	Coughs, Colds, Influenza, etc.
7	"	Headaches, Sick Headaches, etc..
8	"	Dyspepsia, etc.
9	"	Female Irregularities, etc.
10	"	Neuralgia, Headaches, etc.
11	"	Female Weakness, Leucorrhœa, etc.

**Specific No 23—Cures Change of
Life—25 cents**

	Price Vials
Cures Croup, Croupy Coughs, etc	25
" Eruptions, Salt Rheum, Skin Diseases, etc.	25
" Rheumatism, Swelled Joints, etc.	25
" Piles, Constipation, etc	25
" Ophthalmia. Diseases of the Eye, etc	25
" Catarrh, Hay Fever, etc	25
" Whooping Cough, Spasmodic Coughs, etc	25
" Asthma, Difficult Breathing, etc	25
" Diseases of the Ear, etc.	25
" General Debility, Weak Digestion, etc.	25
" Blood and Scrofula, etc	25
" Dropsy, etc	25
" Kidney Diseases, etc	25
" Aptha or Sore Mouth, etc	25
" Urinary Diseases, etc	25
" Painful Menses, Bearing down pains, etc	25
" Change of Life, Diseases of the Heart	25
" Epilepsy, Spasms, Fits, etc.	25
" Diphtheria, Quinsy, etc	25
" Headaches, Rickets, etc.	25
" Fever and Ague, etc.	25
" Nervous Debility, Seminal Weakness, etc	25
" Sea Sickness, etc	25

These Specifics are fast gaining confidence with the public as to their curative powers over disease, having been in use for 40 years. They are a series of family medicines designed to meet their wants in

Specific No. 29 Cures Epilepsy, Etc.—25c

almost every case of disease. Each Specific adapted to cure a single disease, or similar class diseases. All who wish to give them a trial order them through their own druggist.

Price 25 cents each

Sent to any address on receipt of price. directions with each vial.

N.B.—They are perfectly reliable, simple and pleasant; all danger of poisoning from over-dose is avoided.

Specific No. 1—For Diseases of Infants—Infants children during teething, colic, crying, wakefulness, slow growth, feverish irritability, hot head from teething, diarrhoea from teething, and sleeplessness and derangement of the stomach. This remedy chiefly affects the nervous system, agitates the liver and bowels. In softening and bending of the bones, and enlargement of the joints, this is the best remedy, and should be in every nursery. Its timely use will save a great amount of pain, trouble and expense. In difficult teething and slow growth it has no equal, and for children who are slow to walk, it is invaluable. For nervousness and sleeplessness, of adults or children it acts like a charm.

Specific No. 2—For Fevers, Congestions, etc. Cures inflammation, coughs, colds, pain in the head, flushes, with hot and dry skin, inflammation of the head, lungs and eyes, quinsy, pleurisy, liver and bowels, vomiting, scarlet fever, measles, bilious fevers, rheumatism, sun stroke, headaches. As a preventative of scarlet fever it is invaluable, a dose once or twice daily will suffice—alternate with No. 1 in bad cases of coughs or colds.

Specific No. 30 Cures Diphtheria—2

Specific No. 3—Cholera, Cholera Morbus—Cures cramp, colic, diarrhœa, dysentery, biliousness in children or adults, Asiatic cholera, vomiting with diarrhœa, rice water stools, coldness, etc. This medicine is a powerful specific in all violent affections of the alimentary canal. In simple diarrhœa of children, or cholera infantum, it rarely requires more than a few doses. Is a specific in dysentery and cramp colic, alternate with No. 5 if much weakness or debility.

Specific No. 4—For Worm Fevers and Diseases—Cures worm fevers, colic, restlessness, irritability, voracious appetite, enlarged abdomen, swelling of the anus in adults or children, wetting the bed, long round worms, pin worms, etc. This specific is invaluable in the above diseases. Give it night along for a few weeks and a permanent cure will be the result. Hundreds have used this remedy with perfect success. These pills and my worm powders are the great remedies for all worm troubles.

Specific No. 5—For Diarrhœa—Cures summer complaints in children or adults, cholera infantum, watery stools, diarrhœa from indigestion and from green fruits, travelling, or change of food and water, painful diarrhœa, and chronic diarrhœa of consumptives. This is a valuable remedy where there is great debility attending the above troubles, and will have complete control over the disease. Mild cases yield at once, and the worst in a few days. Alternate with No. 3 if in much pain. No family should be without it.

Specific No. 6—For Coughs and Colds—Cures bronchitis, influenza, sore throat, inflammation of the lungs (in alternation with No. 2) hoarse-

Specific No. 31 Cures Headaches, etc—25c

ness, pain and stitches in side or breast, stomach, coughs and loss of voice, weakness of the glands, clergyman's sore throat, chronic Laryngitis. much fever, alternate with No. 2. All public speakers will find this pill invaluable for irritation, dryness, huskiness and weakness of chest and throat. Never neglect a cough, as it may soon prove serious.

Specific No. 7—For Headaches—Cures sick headaches, vertigo, rush of blood to the head, bilious and nervous headaches with nausea and vomiting, congestive headaches, fulness, fainting, heaviness and rheumatic headaches. Alternate with No. 2 if much heat or fever; after relieved, a course of Nos. 8 and 21, week about for a week, will afford great and lasting benefit. Very few are free from headaches; they are very prevalent among females and with some causes a great amount of suffering.

Specific No. 8—For Dyspepsia—Cures indigestion, weak and sour stomach, rising of food, water brash, bad taste in the mouth, loss of appetite, flatulency, constipation, yellow complexion, pimples, acid risings, everything eaten disagrees, drowsiness, headache from nervous dyspepsia, piles, etc. Thousands suffer from the above complaints. These pills are the remedy, and have cured when all other means have failed. Strong cathartic medicines never did cure these complaints but generally makes them worse. Alternate with No. 21 if there is great debility and nervousness.

Specific No. 9—For Female Irregularities—This Specific is valuable, and especially adapted to the female sexual system, and for all irregularities

USE RISLEY'S WITCH HAZEL—Cures Blind and Bleeding Piles.

cures all irregularities—delaying, tardy, scanty and painful menses; also in profuse and too frequent periods; whites, green sickness, bearing down pains, before and after the menses, falling of the womb, flushes and deficient secretion of milk, indigestion from eating fat or rich pastry, and in change of life. Where there is a great flow, use No. 11, it gives instant relief. See also No. 28. For very painful periods, with cramps, spasms, and bearing down pains, and for itching and irritation of the parts, use No. 27, acts like a charm.

Specific No. 10 — For Neuralgia — Cures nerve pains, face ache, toothache, tiedoloureux, swelled face, darting, sharp and stinging pains in the head, old neuralgias, nervous headaches, boils, toothache of children. The worst cases of neuralgia and toothache are often relieved at once. This specific is invaluable, and no one should be without who suffer from these troubles. In old chronic cases, alternate, week about, with No. 31.

Specific No. 11—For Female Weakness—Cures leucorrhœa or whites, yellow, thick, corrosive and offensive discharges, menses too soon and long continued; too frequent, profuse, painful and debilitating menses; bearing down pains, falling of the womb and debilitating leucorrhœa. This is a simple and valuable remedy in the above complaints, nothing to equal it, giving prompt relief, restoring the system to order, and building up where it has broken down. Alternate with No. 21, for five or six weeks, will greatly benefit and strengthen the system, and prevent a recurrence of the trouble.

USE RISLEY'S WITCH HAZEL—Cures
Weak and Lame Back.

Specific No. 12—For Croup—Cures hoarse hard and croupy coughs; inflammatory croup, membranous croup with fever, difficult and hoarse breathing, acute and chronic laryngitis with hoarseness. Painful and spasmodic coughs, loss of voice and hoarseness yields quickly to Nos. 2 and 12 in alternation. If there is much fever and great pain in the chest and throat, alternate with No. 2.

Specific No. 13—For Skin Diseases—Cures eruptions, barbers' itch, erysipelas, salt rheum, ringworm, scald head, pimples on the face, rough or scaly skin, nettle rash, eczema, old sores, etc. The great specific in these troubles, giving quick and lasting relief, even the most inveterate cases gives way to its specific virtues. In very bad cases of long standing a course of Nos. 20 and 22, with about with No. 13, will afford much benefit, at the same time applying externally to the affected parts "Sulpho-Carbolic Salve." See "Golden Healed Pellets," and "Skin Tablets."

Specific No. 14—For Rheumatism—Cures acute and chronic rheumatism, with hot and painful swelling of the parts, lameness, soreness in the bones, side of chest, swelling of finger joints and contractions, sciatica, or hip disease, and lumbago. If much fever, alternate with No. 2 every two hours. If chronic or constipated, alternate with Nos. 8 or 15 before dinner and at bed time relieved, then only No. 14 at night and No. 15 in the morning.

Specific No. 15—For Piles—Cures external, internal, blind and bleeding piles, with fulness, burning and itching of the anus, sore tumors around

USE RISLEY'S WITCH HAZEL—Cures
Burns, Scalds, Wounds.

rectum, and constipation with poor circulation. Thousands are suffering from these troubles, will so long as they keep drugging their system with strong medicines which only give momentary relief. This is really a painful disease, and causes great suffering with many. If this specific—which has been before the public for thirty-five years—is given a fair trial, it will generally, in nine cases out of ten, give permanent relief. Have also two other invaluable remedies which can be used in connection with this—the “Homœopathic Tincture of Podophyllin” and “Golden Health Tablets.” No one should be without these remedies who desire health and good digestion.

Specific No. 16—For Diseases of the Eye—Cures inflamed or sore eyes, eyelids, weak sight, dripping of water from the eyes, with heat, redness and inflamed eyelids, secretion of mucus on the eyes, especially in the morning, and old chronic diseases of weak eyes and eyelids, with falling of eyelashes. These troubles are often constitutional, and are easily cured with proper homœopathic treatment. The eye requires delicate treatment. Inflamed eyes or eyelids, either of recent or long standing, are cured by Specifics Nos. 16 and 32; the cured cases of years' standing with these two remedies. Weak or failing eyesight is cured by this remedy. By its use the eyes are strengthened, the sight improved, and prevents an early resort to spectacles. Where the eyes are much inflamed, use Extract of Witch Hazel, or my celebrated Eye Water, it is cooling and prompt in its action.

Specific No. 17—For Catarrh—Cures acute and chronic catarrh, influenza in head or chest, hay

**USE RISLEY'S WITCH HAZEL—Cures
Ulcers and Old Sores**

fevers, droppings of the throat, and old chronic catarrhs with offensive mucus discharge from the head and throat, obstructed nose, and loss of taste or smell. Catarrh in children quickly relieved. This disease requires prompt attention. There are thousands suffering from these troubles, and if not arrested generally run into serious diseases. This is the great remedy in the above troubles, used in connection with the "Croton Catarrh Remedy" never fails in removing this painful and troublesome disease. If the system is run down and weakened use "Thompson's Syrup of Hypophosphites" to build it up, and if the liver is sluggish and the bowels constipated, take a few doses of "Golden Health Pellets" to carry off the disease in the lower bowels and produce free circulation.

Specific No. 18—For Whooping Cough—Cures whooping cough and convulsive and spasmodic coughs in children and adults. Give this Specific immediately. It arrests the development of the cough and lessens its severity. Given at any stage it allays irritation, moderates the cough and brings the child safely through without much trouble. In old inveterate cases of spasmodic coughs it acts like magic. No parent should be without this remedy, when it may be so readily and cheaply avoided. If there is much inflammation or fever, use No. 2 in connection.

Specific No. 19—For Asthma—Cures Asthma, difficult respiration, cough and expectoration, and dry, irritating cough, old chronic cases, humid asthma, with attacks of oppressed breathing. Thousands suffer from this trouble. In different

USE RISLEY'S WITCH HAZEL—Cures
Toothache and Faceache

sions it takes on various forms. The disease depends upon a variety of morbid conditions of the system. A permanent cure has been made in a number of cases by the persevering use of No. 19 in connection with an occasional dose of "Golden Health Pellets" to keep the system in proper circulation, and to carry off the poisonous gases in the blood.

Specific No. 20—For Diseases of the Ear—Cures discharges from the ears, earache, deafness, noises in the head, discharges resulting from measles or scarletina, inflammation of the ear, hardness of hearing, buzzing and ringing in the ears, whitlow, white swelling on the knee or hip disease. Earache is a common and painful affliction of children. This Specific quickly relieves the trouble. When there is scrofulous condition of the system connected with these troubles, use No. 22 in alternation, week about.

Specific No. 21—For General Debility—Cures physical and nervous weakness, want of strength, lassitude, loss of appetite, night sweats, instability, restlessness and loss of vital fluids in the body. These are very distressing complaints and often cause great anxiety. A course of this Specific will greatly relieve, but if the system is much run down it is better to alternate with No. 33 week about, and this will restore the system to its usual vigour and health.

Specific No. 22—For Scrofulous Afflictions—Cures enlarged glands, tonsils, tumors, swellings under the armpits, old inveterate sores, ulcers, abscesses and old swellings. This Specific will be

USE RISLEY'S WITCH HAZEL—Cures
Neuralgia, etc.

found invaluable in these troubles, with an occasional dose of "Golden Health Pellets" to assist the secretions in throwing off the disease.

Specific No. 23—For Dropsy—Cures fluid accumulations, dropsy of the abdomen, chest and heart, and swelling of the ankles and feet, scant secretions and tumid swellings. A course of the remedy in conjunction with "Golden Health Pellets" will be found of infinite service in the troubles.

Specific No. 24—For Kidney Diseases—Cures calcula, gravel, catarrh of the bladder, with unhealthy deposits, thick and turbid urine with too frequent, painful urination and unhealthy discharges. Take the "Golden Health Pellets" in connection with this remedy and the effects will be wonderful.

Specific No. 25—For Sore Mouth—Cures canker of the mouth in children or adults, nursing sore mouth, indigestion with morning sickness in females. A course of this remedy for a few weeks with change of diet, will soon remove the trouble. In adults a dose of "Golden Health Pellets" will prove very beneficial for the liver.

Specific No. 26—For Urinary Diseases—Cures incontinence of urine, too frequent, painful and scalding urination, catarrh of the bladder with mucus discharges, gleet, wetting the bed and nocturnal urinary difficulties. Use occasional doses of the "Golden Liver Pellets" to keep the system in order and remove any preponderance of bile in the system.

USE RISLEY'S WITCH HAZEL—Cures
Ague in the Breast

specific No. 27.—For painful Menses.—Cures menstruation with painful bearing down pains, with spasms or cramps, too profuse menses with cutting pains, distress, itching and irritation of the organs. Use the "Golden Liver Pellets" to restore the circulation, a dose twice a week is required.

specific No. 28.—For change of Life.—This specific will be found of infinite service in the following troubles;—Climateric trouble, change of life in women, flushes, palpitation and diseases of the heart and irregularities of the system. The Liver Pellet must be used in connection with this remedy to carry off the troubles and restore the circulation.

specific No. 29.—For Epilepsy.—Cures long sickness, spasms, convulsions in children or adults, St. Vitus' dance, twisting, with uncontrollable motions of the limbs and muscles of the face, with hysteria. In children give Golden Powder, a dose once every other day for two weeks, then rest a week, then give a dose occasionally to keep the system in order. Adults can use the Golden Pellets in the same order.

specific No. 30 —For Diphtheria.—Cures diphtheria, sore throat, ulcerated sore throat, tonsitis, enlarged tonsils, weakness of the throat, and clergyman's sore throat, etc.

specific No 31,—For Chronic Headaches.—Cures chronic and congestive headaches, nervous headaches, eruptions, dizziness

Risley's Witch Hazel.—Cures Broken & Sore Breasts

with vertigo, weakness of children, slow learning to walk, rickets or softening of the bones, weak and inflamed eyes and lids. Use in connection Nos. 2 and 7 as required, with an occasional dose of the "Golden Liv Pellets" to assist the secretions.

Specific No. 32.—For Fever and Ague. Cures intermittent fevers, fever and ague, dumb ague, malarial fevers, enlarged spleen or liver, and other effects of improper treatment produced from over doses of quinine, arsenic and other deleterious drugs taken to cure it. Don't fail in taking a dose of the Golden Pellets once or twice a week to assist the spleen in recovering its equilibrium.

Specific No. 33.—For Nervous Debility. Cures general debility, deficient energy, lassitude, night sweats, physical and seminal weakness, mental alienation from loss of vital fluid. If this fails in producing the desired effect, take the "Hypophospherine," an invaluable nerve tonic. No. 21 after meals, and the Specific night and morning, will give great relief.

Specific No. 34.—For Sea Sickness, nausea from riding in a carriage or on the railroad, vertigo, nausea from headache, vomiting and morning sickness of females. A dose of "Golden Health Pellets" will assist greatly by using them for a few days before going on board, and living on light and easily digested food.

Use Risley's Witch Hazel—Cures Inflamed or Sore Eyes

THE BIO-CHEMIC Guide to Health

SIMPLE

Treatment of Diseases with the
Twelve Tissue Remedies
According to the Bio-Chemic
Theory of Dr. Schuessler, of
Oldenberg, Germany.

INTRODUCTION.

THE word bio-chemistry means literal "life chemistry," and is that branch of science which treats of the composition of living substances, and of the process of their formation, and also treats of the composition of the bodies of both animals and vegetables; the processes by which the various fluids and tissues are formed, the nature and causes of the abnormal condition, called disease, and the restoration of health by supplying to the body the deficient substances, cell salts, the lack of which is the cause of disease.

The human body is composed of organic and inorganic matter. The inorganic matter comprises about one-twentieth of the body, while the remainder is composed of water and organic substances.

This is not mere theory, chemical analysis has demonstrated that the body is composed principally of water, of organic matter, and lime, Potassium, Iron, and Magnesium, and

The Bio chemist, the most logical treatment of disease.

It is these salts that enter into composition in their proper proportions of every cell of every tissue in the body.

But the water and organic matter is inert and useless in the absence of organic salts—sodium, potassium, iron and magnesium. These salts are the builders which use the organic matter albumen, sugar, oil, fibrine and water—to build up the tissues.

Without a proper supply of the cell salts in blood, new tissue cannot be supplied as fast as the old decays, and it must be plainly seen that a lack of these builders (tissue salts) is the cause of disease.

The natural inference now would be that by supplying these lacking salts the body would be restored to its normal condition, and the disease cured. This is the theory of Dr. Quessler. He contends that all diseases originate from the loss of one or more of the true cell salts, of which there are twelve in the human body.

Supply these and the disease is cured—the patient restored to health again. For instance, the blood contains iron (phosphate of iron.)

Forty-three years of honesty have given us special confidence with the public.

When the iron is deficient we say the blood is thin, the patient is languid, feverish, restless and has no strength. We say he needs a tonic—iron in some form. Supply the iron to the blood and you cure him.

We all know that the bones in the human body contain lime. Very often small children are weak, nervous, cannot walk and have trouble in teething. Give the child (calcareum phosph) the substance which is lacking in the bone, and it soon becomes a healthy, strong child. These are simple examples of the action of the Tissue Remedies

The Tissue Remedies or Cell Salts as they are also called, are so prepared that they are pleasant to take, being put up in powder form or in small tablets, which dissolve at once on the tongue, and are immediately taken up into the circulation without causing the slightest effect on the stomach. The potency generally used is the 6 x and is the one recommended by Dr. Schuessler. Occasionally the 3 x is used, and in some chronic forms of disease, better results are obtained by using the 12 x and 30 x potencies

Proper food, bathing and exercise are essential to health.

PRICE LIST

OF THE

TWELVE TISSUE REMEDIES

For ordinary family use these remedies are prepared in both trituration and tablets, at the following prices—

in Trituration (powder form)	$\frac{1}{2}$ oz. bottle,	15 cents
	1 "	25 "
	2 "	40 "
	4 "	75 "
in one grain tablets	$\frac{1}{2}$ "	20 "
	1 "	30 "
	2 "	60 "
	4 "	\$1 00

A discount of 20% will be allowed on all orders, when the amount remitted is not less than one dollar, not to include postage. Postage extra. sent in bottles, add 4 cents per ounce; if sent paper, add 2 cents per ounce.

CASES—containing the 12 remedies:

In half ounce bottles, trituration....	\$2 00
" " " tablets 	2 50
In one ounce bottles, trituration....	3 00
" " " tablets 	3 50

BOOKS—Chapman's Bio-Chemistry	1 00
Twelve Tissue Remedies	3 00

No discount on books or cases.

SEE PAGE 5 FOR HOW TO ORDER

DIRECTIONS FOR TAKING THE REMEDIES

In order to secure the results claimed for Bio-chemic remedies they must be procured from perfectly reliable sources.

Having had over forty years' experience in the preparation of Homœopathic and Biochemic medicines the public may place implicit confidence in the preparations bearing my name.

Domestic treatises do not make doctors, but they do enable anyone to prescribe for simple forms of disease saving much suffering, beside time and money.

THE DOSE of the remedies in all cases is the same.

FOR AN ADULT—Of the powder as much as will lie on a five cent piece or two of the tablets.

FOR A CHILD—One half the quantity.

FOR AN INFANT—One-quarter the quantity.

If pains or symptoms are very severe or acute the quickest results will be obtained by dissolving the medicines in hot water and so administering until relief is obtained.

THE TIME—A dose should be taken every hour, or half hour if the symptoms are very acute in less urgent cases every two hours, and in chronic cases from two to four times a day.

Under no circumstances should a person be aroused from sleep to take medicine.

THE TISSUE SALTS ARE BUILDERS

PRINCIPAL USES OF THE TWELVE TISSUE REMEDIES

Calcarea Fluoride (Fluoride of Lime). For ailments which can be traced to relaxed condition of any of the elastic fibres or blood vessels, diseased veins, in blood diseases, piles, hard bony growths, etc.

Calcarea Phosphorica (Phosphate of Lime). For ailments which are obstinate and do not yield to their own remedy, when heat or cold increase a pain, in particular for bone diseases indicated for growing young people and old persons of a delicate line of life, slow developing, weak children, irregularities during menstruation, leucorrhœa, a remedy for three critical periods of life—dentition, pregnancy and old age.

Calcarea Sulphurica (Sulphate of Lime). For ailments in which the process of suppuration and discharge of matter continues too long, boils, abscesses, skin diseases, etc.

Ferrum Phosphoricum (Phosphate of Iron). For ailments of an inflammatory or congestive character, throbbing, fever, quickened pulse, heat, and other injuries. In the first stage of all acute diseases, colds, coughs, pneumonia, bronchitis, influenza, la grippe, diarrhœa, rheumatism, sore throat, dyspepsia and inflammation of the bladder and kidney, etc.

Kali Muriaticum (Chloride of Potash). For ailments which have as a principal symptom a

THE TISSUE SALTS are Home Remedies

white or gray coating at the back of the
from bilious derangement and affections cha-
ized by exudatives, infiltrations or swelling
the latter stages of acute diseases, chief ren
most cases of diphtheria or in alternatio
FERRUM PHOSPHORICUM. Tonsilitis, dia
indigestion, abscess, boils and carbuncles, e
pimples and other skin eruptions, measles
kidney and bladder troubles, etc.

Kali Phosphoricum (Phosphate of Potash).
For all ailments which arise from or denote
of nerve power; nervous prostration, exha
nervous signs, all affections in which the t
faculty of thought in the mind shows w
vigor; depression, lassitude, and general d
Heart troubles of nervous origin. A v
remedy for nervous people, curing their head
neuralgia, sleeplessness, and that troub
condition known as neurasthenia, etc.

Kali Sulphuricum (Sulphate of Potash).
all ailments which become worse in the e
and in a heated room or show a rise of temp
at night. Ailments accompanied by peeling
skin, sudden retrocession of eruptions or
Catarrh or discharge from any mucous men
head, vagina, urethra, where the discha
yellow and slimy, etc.

Magnesia Phosphorica (Phosphate of Magnesia). For all ailments with intensely
pain of a spasmodic nature, neuralgic, c
darting pains. Used in colic with flat

Every mother her own physician with
case of Tissue Salts

tus dance, epilepsy, whooping cough, neuralgia, writer's cramp. When warmth it may be taken in hot water.

Solum Muriaticum (Chloride of Soda). For patients where the salivary glands secrete too saliva; involuntary flow of tears; or watery eye; dropsical swellings; salt taste, when the tongue has a clear shiny appearance or shows beads of mucus, running cold, constipation. Chronic catarrhs where the discharge is clear and watery. Chills, intermittent fever, and Agues that have been treated with quinine, &c.

Solum Phosphoricum (Phosphate of Soda). For ailments arising from an acid condition of the system, deposit on the tongue of a yellow coating; dyspepsia, acid risings, sour eructations, especially of infants. Acid diarrhœa, rheumatism, gouty ailments, gravel, and is very useful in worms, &c.

Solum Sulphuricum, (Sulphate of Soda). For ailments characterized by a dirty greenish or greenish brown coating on the tongue, and is the principal remedy in derangement of the liver and gall-bladder; excessive secretion of bile, bitter eructations, headache with vomiting of bile. Inflammation of the bladder, gravel, dropsy, diabetes, lead colic, troubles arising from living in miasmatic situations, &c.

Solum Siliceum (Quartz). For all ailments with suppuration, it promotes painlessly the process of

suppuration. Also for conditions in which swelling with accumulated matter becomes hard. taken early will dispel felons and gather sciatica and rheumatism, chronic nasal catarrhs, caries of the bones and diseases of a scrofulous nature, &c.

Schuessler's Remedies.

DISEASES AND THEIR TREATMENT.

Abscess.

Ferrum Phos.—Inflammatory stage, for heat, pain and congestion.

Kali Mur.—When there is swelling, and bubo forms.

Silicia.—To ripen and assist breaking after abscess has formed.

Calcarea Sulph.—To heal after the abscess fully discharged.

Anæmia.—(Lack of blood).

Calcarea Phos.—Chief remedy in the disease. After wasting or exhausted diseases, or when nourishment is poor, pale face. Ferrum Phos. after Calcarea Phos. if there still appears to be deficiency of red blood.

The "New Treatment" is the book for every h

Strum Mur.—When the blood is thin and
y. In young girls when menses do not
or is irregular, constipation and sadness.

li Phos.—When caused by mental strain,
ing depression of the mind, etc.

li Mur.—When complicated with skin erup-

Scia.—Anemia in infants, thin, delicate and
with tendency to rickets.

pthae. (Sore Mouth, Thrush.)

li Mur.—This is the chief remedy and often
only one required.

Strum Mur.—If there is much drooling of

Strum Phos —If feverish.

Appetite, Loss of.

Strum Phos.—When accompanied with fever.

Scarea Phos.—Loss of appetite with indiges-
or poor assimilation.

Strum Phos.—When acid conditions are pre-
heartburn belching of sour wind, yellow
ing on tongue, &c.

Asthma.

li Phos.—Nervous asthma. In oft repeated
is the chief remedy for the breathing.

li Mur.—With gastric derangements, tongue
white. Expectoration thick, white, tough
hard to raise.

medicine cases save much money and
doctor bills.

Natrum Mur.—Asthma with profuse, f
mucus.

Calcarea Phos.—Bronchial asthma, sec
clear and tough.

Natrum Sulph.—In young people, with k
conditions, worse in damp weather; expecto
greenish and copious; greenish yellow or
coated tongue.

Silicia.—Breathing very difficult, must have
air. As a constitutional remedy with N.
Sulph for eradication of the disease.

Backache.

Silicia.—Constant aching in centre of spine

Calcarea Fluor.—Tired feeling and pains in
part of the back with sensation of fulness,
stipation, worse on beginning to move.

Natrum Phos.—Pains across loins on awak
in the morning.

Natrum Sulph.—Soreness up and down the s
can only lie on right side.

Natrum Mur.—Weak back worse in the mor
pains relieved by lying on something hard.

Calc Phos.—After exhausting disease pains
feeling of numbness, coldness or creeping sens

Biliousness.

Kali Mur.—With white or greyish
tongue; light colored stools: pains under
shoulder blade.

Natrum Sulph.—Irritable liver; bilious

To get the best effect, use Tissue Salts
all troubles.

cessive study or mental work; tongue coated
brown, sallow skin, yellow eyeballs.

Boils

Am Phos.—Inflammatory stage, for heat,
congestion and fever, if given early will assist
ripening process.

—When matter has begun to form, will
assist the ripening process.

Bronchitis

Am Phos.—In the beginning for the fever,
in and congestion, acute, short, painful
breathing short, oppressive, and hurried,
expectoration.

Mur.—Second stage, when thick white
forms, fibrinous in character.

Sulph.—When the expectoration is yellow,
and profuse; in the stage of resolution.

Mur.—With expectoration of clear,
frothy phlegm; chronic bronchitis; winter

Sulph.—Expectoration causes sore-
throat; patient must hold his chest when coughing,
cold, damp or rainy weather.

Catarrh

Am Phos.—First or inflammatory stage of
in the head.

Mur.—When there is thick, white phlegm;
cold in the head, with white or greyish
on tongue.

TISSUE SALTS supply the deficiency
to the diseased tissues.

Calcarea Phos. — Chronic Catarrh, discharge transparent like white of an egg.

Natrum Mur.—Catarrhs with watery transparent, frothy discharge; loss of smell.

Kali Sulph—Yellow, thin and slimy discharge, skin dry and hot; worse in the evening or warm room.

Calcarea Sulph.—Thick yellow, mattery secretions, mixed with blood.

Silicia—Offensive discharge from the nose, itching of the tip of the nose.

Cold in the Head

(See Catarrh)

Colic

Magnesia Phos.—Windy colic of infants drawing up of the legs. Flatulent colic relieved by heat or belching.

Natrum Phos.—Colic of children with acid or worms; green, sour smelling stools; vomiting of curdled milk.

Natrum Sulph.—Bilious colic with vomiting bile; bitter taste in the mouth; lead colic.

Ferrum Phos—Colic at menstrual periods, with feverish symptoms.

Kali Sulph.—Pains resembling colic, abdomen feels cold to touch, escaping wind smells sulphur.

Constipation

Kali Mur. — Constipation with white coating tongue, light colored stools, also when fats and pastry disagree.

Every home should contain a book and
the Tissue Salts.

Natrum Mur.—Dryness of the bowels with watery secretions in other parts. watery vomiting, stools hard, dry and difficult to pass, dull heavy headache.

Natrum Sulph—Hard knotty stools, streaked with blood, soft stools difficult to expel.

Silicia—Stools recede after being partly expelled, constipation of poorly nourished infants, with pale earthly face.

Cough.

Ferrum Phos.—Acute, painful, chest tickling cough; tickling in the throat; soreness in the lungs.

Kali Mur.—Loud, noisy stomach cough, with expectoration of thick, white, sticky phlegm, croupy hard coughs.

Kali Sulph.—Cough with yellow, slimy or watery expectorations, worse in a heated room or in the evening.

Magnesia Phos.—Spasmodic coughs, coming on in paroxysms; whooping cough.

Calcarea Phos.—Cough, with expectoration of pale green like raw white of an egg.

Natrum Mur.—Expectoration watery, tasting salty; chronic and wintry coughs.

Natrum Sulph.—Sensation of all-goneness in the chest; expectoration yellow-green, thick and ropy.

Silicia.—Coughs provoked by cold drinks; expectoration of profuse yellowish green pus, of greasy taste and offensive odor; morning cough of consumptives.

Many of our best physicians are using
the Tissue Remedies,

Croup.

Kali Mur.—The chief remedy in croup, for membranous exudation, alternating with **Ferrum Phos.**

Ferrum Phos.—Should be given in alternation with **Kali Mur.** Breathing short, hurried and oppressed.

Kali Phos.—If treatment is delayed till last stage, and there is danger of collapse, for nervous prostration, pale, livid countenance, in alternation with **Kali Mur.**

Diarrhœa

Ferrum Phos.—Diarrhœa, with frequent watery, painful stools, fever and thirst.

Kali Mur.—Diarrhœa after eating rich fatty foods, pastry; stools pale yellow or clay colored, or bloody and slimy.

Kali Phos.—Foul, putrid stools, or evacuations like rice water; depression and exhaustion. Diarrhœa of strong odor, occasioned by fright or other similar causes.

Natrum Phos.—When caused by excess of acidity, stools sour smelling and green. Diarrhœa of teething children, often associated with worms. Summer diarrhœa from eating ripe fruits.

Natrum Sulph.—Chronic diarrhoea with loose moving stools worse in damp weather, flatulent symptoms are very characteristic, but are not necessarily present.

Calcarea Phos.—Diarrhoea of teething children, or in those of scrofulous or rickety constitutions

In all emergencies the mother can prescribe till doctor arrives.

ools hot, watery, profuse, offensive noisy and uttering.

Silicia—Infantile diarrhœa, offensive sour perspiration on the head, with hard hot distended abdomen.

Dyspepsia

Ferrum Phos—Acute gastritis with much pain, swelling and tenderness of the stomach, especially vomiting undigested food occurs. Dyspepsia with hot flushed face, the tongue being clean.

Kali Mur.—Bilious derangement with gray or white coated tongue. Indigestion from eating rich or fatty food; constipation.

Kali Phos—Excessive hungry feeling soon after eating; gone feeling in the stomach; ulcer of the stomach; indigestion with nervous depression.

Kali Sulph—Chronic catarrh of the stomach with yellow coated tongue; sensation of pressure as of a load or fulness at the pit of the stomach; colicky pains when Magnesia Phos fails to relieve.

Magnesia Phos—Pains in stomach, with crampy, tight, griping or gnawing sensation; convulsive hiccoughs.

Natrum Phos — Stomach derangements with symptoms of acidity, such as sour taste in the mouth, belching of wind tasting acid; heartburn; loss of appetite.

Natrum Sulph. — Biliousness, excess of bile, bitter taste in the mouth, vomiting of bile, dark

No more nauseating drugs need be taken
by infant or adult.

bilious stools, headache, vertigo, stitching pains in the liver.

Calcarea Phos.—Pain after eating the smallest quantity of food; excessive accumulation of gas in the stomach; great craving for bacon, ham, salted and smoked meats.

Earache

Ferrum Phos.—Earache with sharp stitching pains; pulsation in the ear.

Kali Mur.—With swelling of the glands or membranes of the throat or ear; cracking noises in the ear when swallowing, deafness from swelling of the eustachian tubes, or of the external ear.

Calcarea Phos.—Earache with rheumatic complaints, associated with swollen glands in scrofulous children.

Magnesia Phos—In nervous, irritable, sensitive subjects, especially when associated by neuralgia of the face.

Enuresis

(Wetting the bed)

Ferrum Phos.—Wetting the bed, especially in children. Nightly enuresis, from weakness of the bladder muscles, often present in women when every cough causes the urine to spurt.

Calcarea Phos—Enuresis in very young children and in old people.

Ferrum Phos. three or four times a day in incontinence of urine.

Try "The New Grippe Cure." Effects rapid and certain,

Erysipelas.

Ferrum Phos.—Principal remedy in the inflammatory stage, heat, redness, fever and pain.

Kali Mur.—The chief remedy in vesicular erysipelas.

Kali Sulph.—Blistering variety to facilitate the falling off of scabs.

Natrum Sulph.—When the disease is accompanied by vomiting of bile, with smooth, red, shiny, tingling or painful swelling of the skin.

Female Diseases.

(See Leucorrhœa and Menstruation.)

Headache.

Ferrum Phos.—Congestive headache, or headache with bruising, pressing and stitching pains, scalp sore and tender to touch.

Kali Mur.—Sick headache from sluggish action of the liver, with white or gray coated tongue.

Kali Phos.—Nervous headache from over-work or mental strain; or goneness at the pit of stomach, bad breath.

Magnesia Phos.—Neuralgic headache, with severe, shooting, darting pains, sparks before the eyes.

Natrum Sulph.—Sick headache, with bilious symptoms; dizziness, vertigo; violent pains at base of the brain.

Natrum Phos.—Headache on the crown of the head on awakening in the morning; moist yellow

the "Catarrhal Tablets" and No. 17 cures quickly,

or creamy coating on back part of tongue; so vomiting, periodic sick headache.

Calcareo Phos.—Headache, with coldness numbness in the head; headaches of children and school girls.

Heart, Palpitation of.

Kali Phos.—Palpitation after rheumatic fever and in wasting diseases; palpitation, with anxiety melancholia, or general depression of the nervous system.

Magnesia Phos.—When of a purely spasmodic character; sharp, shooting pain in or about the heart.

Hoarseness.

Ferrum Phos.—Painful hoarseness from over exertion of the voice, or from taking cold.

Kali Mur.—When **Ferrum Phos** fails.

Kali Phos.—Hoarseness with exhausted feelings and nervous depression.

Calcareo Sulph.—Obstinate hoarseness.

Hysteria.

Kali Phos.—Hysteria from sudden and intense emotions or smothered passion, fits of laughing and crying; sensation of a lump rising in the throat.

Natrum Mur—Hysteria when associated with sadness, moody spells or irregular menstruation.

The Nerve Tablets. In Neuralgia and Nervous Debility.

Influenza, La Grippe

rrum Phos—At the commencement, for fever and congestion.

lrum Sulph—The chief remedy; it is also active in the after effects brought on by other element.

li Mur.—With sore throat, swollen glands, white coated tongue.

lrum Mur—Sneezing with watery discharge of the eyes and nose.

Leucorrhœa

li Mur. — Discharge of milky white, non-irritating mucus.

li Phos—Discharge acrid, yellowish, blistering or orange colored.

li Sulph. — Discharge yellow, greenish or watery.

lrum Phos. — Discharge creamy or heavy, acid or watery.

ccarea Phos—Discharge albuminous, general soreness of sexual organs. A good constitutional

lrum Mur. — Discharge watery, irritating, burning and scalding; after local application of nitrate of silver.

Liver—Affections of

lrum Phos.—First stage of inflammation of the liver for fever and congestion.

li Mur. — Sluggish action of the liver with

"The Neuralgia Tablets" and No. 10 cure Face and Toothache, etc.

white coated tongue and light colored stool
Jaundice if caused by a chill.

Natrum Sulph—Chief remedy in jaundice with bilious green stools, sallow skin, yellow eyeballs, congestion of the liver, with soreness and sharp sticking pains.

Kali Sulph—Jaundice from gastric catarrh.

Silicia — Abscess of the liver, throbbing and ulcerative pain in hepatic region.

Measles

Ferrum Phos—In the first stage for inflammatory affections of the chest, eyes, nose or ears.

Kali Mur—Hoarse cough, swelling of the glands with white coated tongue.

Kali Sulph—If the rash should suddenly recede leaving the skin harsh and dry, this remedy will assist in bringing it out again.

Menstruation

Ferrum Phos—Pain at monthly periods with flushed face and quick pulse, blood bright red, vomiting of undigested food at monthly periods.

Kali Mur. — Periods too late or suppressed, white tongue, discharge dark clotted or tough black like tar.

Kali Phos. — Menses too late especially in weak, nervous, irritable, sensitive women. Painful menstruation.

Magnesia Phos. — Chief remedy in menstrual colic, with pain before the flow begins, and when warm applications relieve.

“Teething Tablets” and No. 1, the great remedies for children.

Calcarea Phos.—Menses too early in young girls.

Cale Fluor.—Profuse menstruation with bearing down pains.

Kali Sulph.—Menses too late and too scanty, fulness and weight in the abdomen, yellow coated tongue.

Mumps.

Ferrum Phos.—In the beginning for the fever pain, heat, &c.

Kali Mur.—The chief remedy will alone cure most cases. Alternate with **Ferrum Phos.** when feverish.

Natrum Mur.—When troubled with much saliva, or complicated with swelling of the testicles, and breasts in females.

Neuralgia.

Ferrum Phos.—From chill or cold with severe throbbing pain, flushed face, fever, etc.

Kali Phos.—Neuralgia with depression and failure of strength, sensitive to light and noise.

This remedy is required to tone up the gray nervous substance.

Magnes Phos.—Neuralgia with sharp, darting intense pain; better from warmth. Take this remedy in hot water.

Calcarea Phos.—Neuralgia coming on at night, recurring periodically; worse at night and in bad weather. Pains with sensation of crawling, coldness and numbness.

Natrum Mur.—Darting, shooting pains, with flow of tears.

“ Rheumatic Tablets ” and No. 14 Specific in all forms of Rheumatism.

Piles

Ferrum Phos.—Inflamed piles with discharge of bright red blood.

Kali Mur.—Bleeding piles when the blood is dark and thick.

Calcarea Fluor.—Blind or bleeding piles with pressure of blood to the head. Pains low down in the back, chronic constipation.

Magnesia Phos.—Cutting, darting, acute pains, pains sharp and quick.

Natrum Sulph.—Piles with much heat in the lower bowel, and associated with bilious conditions.

Pimples.

Calcarea Sulph.—Pimples discharging thick yellow matter.

Kali Mur.—When occurring in young girls at the age of puberty, or due to deranged uterine function.

Kali Sulph.—Discharge of yellow greenish, slimy or watery secretions.

Pleurisy

Ferrum Phos.—For the fever, pain, stitch in side, catch in the breath and short cough. A dose every hour.

Kali Mur.—The second remedy when there is plastic exudation. It will complete the cure.

Rheumatism.

Ferrum Phos.—In the first stage, acute rheumatism of any part, pains worse on movement;

Headache Tablets and No. 7 the great remedies
in Nervous and Sick Headaches.

soreness and stiffness all over the body ; lumbago, stiff neck from cold.

Kali Mur—Chronic Rheumatism, with swelling pains worse on motion ; white coated tongue.

Kali Phos—Acute and chronic rheumatism, with pains disappearing on moving about, but painful on first moving ; nervous exhaustion.

Natrum Phos—Acute and chronic rheumatism of the joints ; sour smelling perspiration, yellow coated tongue ; gout.

Magnesia Phos—Acute rheumatism of the joints for violent pains ; severe spasmodic pains during rheumatic fever.

Calcarea Phos—Rheumatism worse in the night or in bad weather, or aggravated by heat or cold. Rheumatism of the joints, with cold or numb feeling ; every cold brings on rheumatic pains in the joints.

Skin Diseases

Ferrum Phos—Inflammation of the skin, with fever, heat, pain, throbbing or redness, nettle rash.

Calcarea Phos—Eczema, with general weakness ; troublesome itching of the skin in old people ; pimples on the face of young people.

Calc Fluor. — Chaps and cracks on the skin ; fissures on the palms of the hand ; skin horny, intensely sore.

Kali Mur—Eruptions with thick white contents. Pimples on the face of girls at puberty.

Kali Sulph. — Eczema with yellow, watery discharge. Peeling of the skin, dandruff with white or yellow scales.

“Female Tablets,” effects rapid and certain.

Natrum Mur. — Eruptions with clear watery contents ; chafings of children, bites and stings of insects, eruptions of small watery blisters, fever blisters.

Natrum Phos—Skin affection with creamy or yellow scales or discharges ; hives with itching all over the body.

Sleeplessness

Kali Phos. — The chief remedy when due to excitement, business troubles, mental overwork. Worry or general nervous causes. It is far preferable to all sleeping draughts, and is absolutely harmless.

Sore Throat

Ferrum Phos. — To reduce the inflammation, fever, pain, and heat ; sore throat of speakers and singers.

Kali Mur—When the tonsils and glands of the neck are swollen ; ulcerated sore throat.

Calcarea Phos—Constant scraping of the throat with expectoration of clear thick phlegm.

Natrum Sulph— Sore throat with feeling of lump on swallowing. Clergyman's sore throat.

Tonsillitis

Ferrum Phos—Tonsils red and inflamed, painful on swallowing. This remedy at first alone.

Kali Mur—Second remedy as soon as there is swelling of the throat, throat spotted white or gray,

“ Pile Tablets ” removes the cause and cures quickly.

Calc Sulph.—Last stage when matter discharges or abscess forms.

Calcarea Phos.—Chronic swelling of the tonsils with difficulty of swallowing.

Toothache.

Ferrum Phos.—With inflamed gum or root of tooth. Worse with hot, better with cold liquids.

Kali Phos.—Toothache or nervous, irritable, pale people, gum inclined to bleed easily.

Magnesia Phos—Toothache, if hot liquids relieve the pain, worse at night or after cold washing.

Silicia.—When very intense at night, neither heat nor cold giving relief. Toothache when abscess is forming.

Calc Phos.—Useful in too rapid decay of teeth.

Urinary Disorders.

Ferrum Phos.—Incontinence of urine from weakness of sphincter muscles. Wetting of the bed in children. Inflammation of the bladder.

Kali Phos.—Incontinence of the urine from nervous debility. Enuresis in older children.

Calc Phos.—Enuresis in young children and old people.

Natrum Sulph.—Sandy deposit in the urine, gravel, urine loaded with bile.

Magnesia Phos.—Spasmodic retention of the urine.

Natrum Phos.—Catarrh of the bladder, incontinence of urine in children, with acidity.

“Indigestion Tablets” cures Acute and
Chronic Indigestion.

Vomiting.

Ferrum Phos.—Vomiting of undigested food, sometimes with sour fluids.

Kali Mur.—Vomiting of blood, dark and clotted, or of thick white phlegm, alternate with Ferrum Phos.

Vomiting in Pregnancy. Ferrum Phos. 12 and Magnes Phos. 12 x in alternation every two hours in hot water.

Natrum Phos.—Vomiting of sour fluid, curdy masses, with yellow creamy coated tongue.

Natrum Sulph.—Bilious vomiting, bitter taste in the mouth, vomiting of greenish matter. Constant nausea

Whooping Cough.

Ferrum Phos.—Whooping cough with vomiting of blood.

Kali Mur.—Thick white expectoration or white coated tongue.

Magnesia Phos.—Whooping cough beginning as a common cold, convulsive fits of nervous cough, ending in a whoop.

Worms.

Natrum Phos.—The chief remedy for all kinds of worms; with symptoms of acidity, pain in the bowels, picking the nose, itching of the anus, restless sleep and grinding of the teeth.

Kali Mur.—Small white thread worms, causing itching at the anus; white tongue; give Natr. Phos. in alternation.

Our Worm Powders the best, in all Worm Diseases.

Bio-Chemic Specifics

The following Specifics in Tablet form are principally combinations of the Bio-Chemic or Tissue Remedies, which have been thoroughly proven to be very efficacious, in the relief and cure of the ailments for which they are indicated.

While of later origin than my Homœopathic Specifics they have rapidly won a way into public favor, that has been extremely gratifying.

Price—25 cents a vial, 5 vials for one dollar.

Catarrh Tablets—For the cure of Acute and Chronic Catarrh with profuse discharge, offensive breath, loss of taste, smell and hearing. Catarrhal sore throat, soreness of the nostrils.

Female Tablets—For the cure of profuse menses, falling of the womb, leucorrhœa, debility, bearing down pains.

New Grippe Cure—This is one of the best remedies in the early stages of colds, fevers, la grippe, coughs, pain in the head or chest, sore throat, and general prostration. Taken early enough it will break up and prevent the bad effects of colds which lead on to bronchitis, pneumonia, catarrh, rheumatism, etc.

Headache Tablets—Cures sick, nervous and congestive headaches, sleeplessness, nervousness with debility, and is a useful remedy in all irritable and nervous ailments.

Indigestion Tablets—Cures acute and chronic indigestion, constipation, want of appetite, headache, vertigo, debility, biliousness and gastric derangements generally.

Neuralgia Tablets—Cures neuralgia in all its forms, toothache, faceache and is useful in sciatica and some forms of rheumatism.

Nerve Tablets — For the cure of nervous debility, over mental strains, palpitations, heart weakness, sleeplessness and irritability.

Pile Tablets—Cures external, internal, blind and bleeding piles, prolapsus of the rectum, constipation.

Rheumatism Tablets—Specific in all forms of rheumatism, acute and chronic gouty conditions, sciatica, stiffness and swelling of the parts, lumbago, etc.

Skin Tablets—Cures eczema, pimples, scaly eruptions, nettle rash, ringworm, barber's itch, erysipelas, scald head, old sores and irritations of the skin.

Teething Tablets—The best remedy we believe for teething babies, helping them wonderfully through that trying period. Cures colic, crying, restlessness, slow growth, and is very helpful in delicate, backward and stunted children.

Whooping Cough Tablets -- Curative in whooping, convulsive, spasmodic and irritating stomach coughs in children and adults.

Worm Tablets—Curative in all troubles arising from worms and indigestible food, night terrors, pale face, large abdomen, wetting the bed, bad breath, great nervousness and irritability.

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